

# Sinister Pathway Triangle Order

(Vampiric Aristocracy)



## Vampiric Psychic Handbook

Second Part of “Lilith, Goddess and Queen of the Demons - A Study on the Goddess Lilith and Psychic Vampirism”.

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# Vampiric Psychic Ability

## Foreword

History is written by the victors. Whenever cultures clash as it happens today, a bit everywhere in the world, the dominant force is the one left to record the events of the past for future generations. Those defeated, as the Abrahamic Religions (Jews, Christians and Muslims) mostly in our Western world today, leave behind physical artifacts, and even folk tales and myth, while their way of life is gradually lost in the march of time. Wherever one is digging through the roots of history, should be aware of this fact.

When we are digging for the roots of occultism in its various forms, as witchcraft and vampirism, we must keep in mind that those practitioners of the craft and way of life were seldom the victors over the past two thousand years as they were persecuted by Christianity, so our common history is coloured. Much of our point of view has been more or less lost to us. However, as researchers, historians, anthropologists, scholars, teachers and students, we can reclaim and reconstruct, but we can never really know the truth.

The facts of vampirism, werewolves, and other ancient metaphysical traditions are shrouded in mystery and misunderstanding because they were almost completely vanquished by the conquering forces of Christianity by names of Roman Catholicism and Protestantism, firstly in Europe. They are known as being “blood religions”, and blood they have shed to conquer, kill innocent people in the name of religion, and the said one true God of Abraham, Moses, and Jesus.

However, the roots of the great tree of occultism (paganism, witchcraft, and so on and forth) stretch deep in history, and to our earlier ancestors. In the Paleolithic era, the early Stone Age, human societies were hunters, warriors and gatherers, nomadic people continuously following food.

Today, most people think of the Paleolithic times as the age of barbaric cavemen; however, these tribes were probably more sophisticated than we think. In those societies, the men usually hunted for food, while the women stayed in the tribe, caring for their children and family altogether. Anyway, whatever, they were more right-brained, focussing on pictures, feelings and instinct.

Along Aleister Crowley, the modern magickian the gods and goddesses-oriented scholar and even vampire greeting any woman with a bite in her hand, divided

the ages into three categories, based on Egyptian myth. The age we left is the age of Osiris (normally the Piscean Age), marked by sacrificial gods such as Osiris, Dionysus, and even Jesus of Nazareth. The previous age was the age of Isis, when the goddess culture dominated, calling it affectionately, the “cradle of civilisation”. Now, we are, according to Crowley, in the Age of Horus, the child of Isis and Osiris, the young god who possessed the powers of both Mother and Father. We, obviously, do not agree with everything Crowley said. In fact, we are today in the Aquarian Age, the New Age, the accepted name for the current shift.

When the ancient civilisations were thriving, the less structured tribes of Europe, north of the Mediterranean Sea, were developing their own customs and magick that were no less powerful, but less formalised than others. The Celtic people were migrating west, across Europe, and eventually came in contact with the Greeks and Romans. The ancient Celts were very complex and culturally different from the civilised culture of the time, and were warriors. They did not push their own ideology, and quite often incorporated much of their myth, legends, culture and wisdom of the people they conquered into the Celtic worldview. Such absorptions, along the lack of a written language, account for the somewhat disjointed “mythos” of the Celts, in comparison with the Greeks, Romans, and Egyptians.

The Druids were the religious leaders of the Celts. “Druid” means “oak”. Oak trees are symbols of life and death, while the Druids had knowledge of the world beyond the grave, magick and nature. They conducted ceremonies, counselled kings even, and performed healing. They settled disputes, independently of individual Celtic tribes. They were both honoured and feared for their role. They were not seen as gods, and as divine interpreters.

As the Celts came from a warrior culture, scholars dispute the dominance of the goddess in the Druid’s theology, seeing them as being primarily concerned with solar figures and animal lords. Many goddess myths played an important part in surviving Celtic culture, though uncertain whether those myths came from the Druids themselves, or the cultures the Celts conquered. The Celts based themselves in Gaul, which is today France, and others migrated to the British Isles, involving themselves with the isles, the Picts. The Pict society goes back to the late Iron Age and Early Mediaeval people, living in what is now eastern and northern Scotland.

The rise of the new religion known first as the “Catholics” or Christianity, heralded from the Middle East took root, based on the teaching of Jesus of Nazareth. The teachings of certain sects within this early church, particularly

those of Gnostic Christianity, were quite mystical and personal traditions. Reincarnation, healing and trance work were part of the religion. Later, the teachings other than Gnostics were codified into one Church, with a strict dogma but much less personal mysticism.

Soon after the rise of Christianity, the Roman Empire during the reign of the converted Emperor Constantine underwent a fundamental and radical shift. The edict of Milan in 313 A.D. made what was called “Catholicism” the official religion of the Empire. Divisions between Catholicism and Orthodoxy came a little later. Since the first schism took place, we can now refer to “Christianity”, later confirmed with the rise of the Lutheran and Calvinistic Reformations. As from the third century, churches were constructed over the temples of the old pagan gods. Pagan practices were systematically denounced, outlawed, people persecuted, tortured and put to the slow death. Pagan rituals were absorbed into the Christian calendar to speed conversions, from there the Roman Catholic and Orthodox masquerade of liturgical vestments, etc.

However, the horned gods of the Celts, known as “Cernunnos or Herne”, and the Greco-Roman horned satyr god Pan, were fused with the Hebrew myths of Lucifer, the fallen angel, and Satan, the tester of faith. Together, they all became the Devil, the source of evil and carnal pleasure, temptation, and sin in Christian doctrine, based on the man-made collection of books, called the “Holy Scriptures”, Old and New Testament. The word “Devil” (*diabolos*) comes from a corruption of a Greek word, as does “demon”. Satan is a derivation of an Hebrew word, translated “adversary” (fighting the adverse army, the adversary), while “diabolos” is a Greek word meaning “accuser”. “Demon” (daimon), is translated as “divine power”, referring to an intermediary spirit between humans and the gods, much like an angel. They invented absolutely everything to bring human beings to confusion, guilt and sin. In 800 A.D. , the Holy Roman Empire was established when Pope Leo III crowned Charlemagne “Emperor of the Romans.” As the original western Roman Empire fell, the Roman Catholic Church, led by the pope, was the one institution that remained stable and in power over this time, not without much killing. Fortunately at this present day, the Roman Church has in the West no power at all, even not from Christian political parties. Down the ages up to one-hundred years ago, and for safety reasons, anyone connected to the ancient pagan practises and magick went underground with the knowledge, sharing it with a few, and passing along family lines, because blood relatives were the only people who really could be trusted. All along Christianity, there was the hysteria, at a time of economic downturns, poor social conditions, growing deadly diseases, and threats to the Church’s powers, causing religious sects and theological schisms. The main force of Europe, the Roman Catholic Church, later also the Reformation by

name of Protestantism, are to be blamed for these conditions. These institutions needed a scapegoat on the outside, and blame their problems on the power of occultism as a whole.

The history of the Vampire community has sufficiently been described in my previous works, as in “Lilith, Goddess and Queen of the Demons - A Study on the Goddess Lilith and Psychic Vampirism” as found on “Scribd and Internet Archives”. What I want to say, ending this foreword, is that change to become a vampire is possible, though through a gradual psychic development, sometimes of many months and even years work. If you want to be a vampire, no one will be stopping you for making that “change”, at least in this time and age far from past Western religious persecutions. However, you will have to work hard at it, working at your unconscious energetic behaviour, always acting as an energy vampire. If you want to be a vampire, you can become one. I call myself a vampire since I had three bags blood transfused, August 2010, after a deadly stomach bleeding. (I lived for weeks unaware of the bleeding, neglecting to see the signs of it). The blood of unknown donors saved my life. It is only after that medical intervention, I was drawn to Vampirism, “and a vampire I am”, while I started to write almost immediately, automatically and freely on the subject.

Psychic vampires are in the first instance occultists, working with “energy from within and without” (psychic energy). What is psychic energy? The word “energy” evokes images of power lines and outlets, or more personally your metabolism. However, there is invisible energy all around us. This energy is part of us and our environment, like the energy we direct when practicing magickal work. Many forms of energy exist, and most that we know of fall into a range, a spectrum of frequencies, that are detected through scientific means.

A vampire is along myths and legends essentially a blood sucker or drinker, while today some humans really take literally the risk to bite and drink or suck blood. Others, like the author of this manuscript are “energy feeders” that may also display various levels of psychic ability. The vampires focused in this study are the “energy feeders”, inviting them and helping them to develop their psychic abilities. Vampires often display sense of empathy, of emotions, perceiving auras of other humans, and are generally aware of the world around them.

The author is since approximately 1963 in occultism, and knows the subject very well, both in theory and practice. This manuscript is a non-dogmatic presentation, encouraging an eclectic, personal approach while providing a strong foundation for a sound psychic or energetic vampirism and its magick. In this the beginner will develop his or her psychic abilities and practice potent

magical techniques, exploring as such the powers of one's own "sanctuary within".

Next to what you will learn from this manuscript, I would suggest the following books to you:

- The Psychic Vampire Codex, by Michelle Belanger (WeiserBooks)
- The Psychic Energy Codex (Awakening your Subtle Senses, by the same author and publisher)
- Asetian Bible (Kemetic Order of Asetka, by Luis Marques)

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# **Vampiric Psychic Ability**

## **Chapter One**

Vampiric Psychic ability development is similar to any other exercise that you might perform to enhance your total "feeling good" and wellbeing. Having a psychic ability or talent is indeed a special gift to have and one worthwhile nurturing. There are some psychics who have very strong talents such as various mediums who can actually communicate with the other side, the subjective world.

Once you have identified what talent you possess you need to recognize firstly that you have the power; and, to accept that this power is yours and yours to build on very regularly and patiently.

When the word "psychic ability" is mentioned then this brings up many theories, as to what it actually is and what it covers. Psychic ability is a universal term for your soul's potentials; it is intuitive power that beats within every heart beat. Some websites or psychics around will claim that they are gifted from God, this is absolutely false, they maybe gifted but that is not enough. They need to activate the gift through extra sensory perception development in theory but above all in practise, and this means the attainment of enough wisdom to communicate with the world unseen. Some psychics, vampires and others, will make themselves sound like they are Gods chosen vessels who have psychic ability stemming from God having chosen them as his mouthpiece. Either the humans are gifted, or not.

All humans possess a certain amount of psychic ability, even though they may never be aware of it. Observe a small child and you will find that they can sense things well in advance. However, with the passage of time as the child grows up, he or she gets involved with the material world, and loses touch with the treasure within. Yet, flashes of Psychic Energy become visible once in a while, or as the famous poet Wordsworth put it - the “flash upon the inward eye” and you can sense in advance the shape of things to come.

It is well known that Abraham Lincoln, a former US President, sensed his impending death three days in advance. In fact, this sudden insight usually happens when something extraordinary is about to happen. Having said this, it also follows we can harness our psychic energy to lead a more fulfilling life.

There are many thousands of genuine psychic vampires and others in the world today. By developing your own psychic powers you may rather soon become a psychic vampire! Already, you are on your way as you develop your inner powers.

Psychism is detached from all religious dogma. One does not need religious dogmas to delve into the mysteries of the subjective or subtle world. There may be recommendations and guidelines in whatever tradition, but no official bible. Our bible is the cycle of seasons; and, our songs are the songs of the planet “Earth” in the first place. No one central authority exists. The experience of others can surely help us, but ultimately we walk individual paths. Others can support, guide, comfort us, but they cannot do anything for us.

Those who have psychic, developed powers are said to be using an extra sense that the rest of us do not have. This sense gives them a window into the future and past and allows them to see and hear events before they happen or in some cases to look at events that happened in the past.

As an example, many psychics also work in the present, locating missing people.

Someone who has psychic powers has learned to connect with the cosmos on a more metaphysical level instead of a logical level. By opening up their minds and their understanding, the world around them becomes clearer. This allows them to see things on a much deeper level than we normally perceive.

There are many types of psychic abilities, which psychic vampires use depending upon the needs of themselves and their world. Some of the important types of psychic abilities are feeling energy, pushing and pulling energy, feeling

the aura and reading, clairvoyance, clairaudience, dream interpretation, mental projection, conscious channeling, healing, past-life exploration, etc.

There are no standardised rules to test your psychic ability. The only thing is to be honest with yourself. You can conduct your own test and note down your scores and make comparisons on a daily basis.

One thing is certain and that is we are all the same yet the colour is different, while the “Higher Self” (soul) reveals what is in its core (essence). Your essence is spirit and therefore unbounded, in fact ever one’s soul is spotless, therefore we all actually have the gift of psychic ability. Yet only few choose to expand in these perceptions and reception. Psychic ability covers many different areas of metaphysics. Throughout our lives many of us shine away from our inner intuitive sides and we usually do this without even noticing it. As we attend life and face its challenges we come to rely on the outside world for our needs. Having rather grown in life being perceptive to higher, metaphysical dimensions with an open mind, we can yield many results on the psychic paths.

Again we must make certain we realize psychics and psychic abilities as a subject that we have, and must be developed, and not born with. To unleash your own psychic energy first step obviously must be to have an open mind and open heart that its development is possible. Your inner intuition is already a form of psychic ability, gradually to be developed. We certainly need to abandon the concept that we only have five senses; this may be true in physical form, because we have universal senses such as taste, sight, smell, sound, touch, and feeling. These take the physical form for us to function and survive. I will give you a very thoughtful example so once and for all you can determine for yourself if psychic ability to be cultivated. So please sit back, relax and read this very carefully.

Let us imagine a human being who has only four senses functioning, meaning that the person we are imagining is altogether physically unable to function with one of the senses missing. Some people would argue, “he is disabled”. But, let us as example imagine that the person lost his eye-sight! That means he or she is a blind citizen. Be certain, that a blind person can also lead a normal life, even without having eyes to see. Be sure, that the blind person will actually be better with the other four physical senses, as they will be more developed in compensation. His or her hearing will be better, the taste, the smell, and the feeling. Lacking the eye-sight, the other senses do compensate. So, he or she survives.



This is a fact as their survival depends on it. For example, he or she might have better hearing capabilities than you and I, this is not always the case, but usually it is. Blind persons have a stronger feeling energy.

## **Feeling Energy**

Physically feel some of the psychic energy that you personally generate. Many of our younger vampires find this easy with a little practice, but others have difficulty because they do not know what to look for. Sometimes energy feels very weak and subtle magnetic repulsion. If you were taking two positive ends of a magnet and try to put them together, you would meet some difficulty. The fields of energy offer resistance. Take that feeling and expect something less dramatic or concrete, and you can feel the resistance offered between the fields of your hands. They are not exactly opposing charges, so they do not offer the same kind of resistance as two magnets.

Magnets are the way here for the description of feeling. Since this is individual and subjective, others perceive it as temperature shift. But, more often you may also feel a slight tingle or “pins and needles” sensation as if your hands or feet are asleep. Others feel a pressure or even texture. Everyone feels differently.

Here we come as for the blind person, once one feels something, he or she is able to manipulate what is felt, the energy, through will-power and intent. This is a fundamental building block for psychic development and vampiric magick.

## **Your first exercise**

1. Hold your hands about three feet apart, palms facing each other. Close your eyes. You are aware of any new information you receive from your hands, but you are not judging the experience, nor trying to create it. Just allow it to happen naturally.
2. Bring slowly your hands close together. Be aware of the slightest sensation. Notice any feeling that comes in waves or layers. These are the levels of your aura, in other words your energy body. Some layers offer more resistance than others, but try it several times, with eyes closed and then open.. If you have any difficulty, start all over again, but begin by rubbing your hands together vigorously, as if you would be trying to warm them up. This increases your hands' sensitivity.
3. When you have finished, wipe your hands together as if you were wiping excess water off them. This removes any other energy you might have picked up along the exercise. End all of these energy exercises with a wiping motion.

## **Psychic Training**

### **How do you develop Psychic powers?**

Some people are born with fully developed psychic powers. A very few individuals become psychic through a near death experience or a deep mystical or spiritual awakening. The majority of people however learn to enhance their psychic powers later on in life by being willing to put in, patiently, some practice!

However latest scientific advances have made it easier and quicker than ever for “normal people” to develop and use their own psychic powers.

The key to psychic training and development of psychic powers, therefore, lies in acquiring an ability to remain in a relaxed state of mind that facilitates concentration on the subject or question that requires divination.

### **Is There A Scientific Basis To Psychic Powers?**

Although throughout the ages people such as mystics and shamans have always displayed psychic powers, it has only recently been possible to explain this scientifically with quantum physics.

New insights have shown beyond doubt that when someone uses psychic powers without realizing it, they are using quantum processes. New research shows that information can really be transferred without using the normal five senses. In studies of people with psychic powers, scientists are gradually seeing the “bigger picture” of the true nature of reality.

The basis of quantum physics began in several stages in the early 1900's, at it attributed to the contributions of six renowned men: Niels Bohr, Paul Dirac, Albert Einstein, Werner Heisenberg, Max Planck, and finally Erwin Schrödinger. At first, the theories were not an attempt to create a new discipline or scientific paradigm, but an account for peculiar experimental results that did not conform to the generally accepted classical rules of physics. Though a “quanta” refers to a bundle of “energy”, the smallest discrete amount of energy that can be measured, quantum theory does not deal exclusively with the micro-world, but the entire cosmos. The previous scientific paradigm described the cosmos in terms of distinct divisions, and in particular two separate groups, particles and waves. Particles held a position and waves had momentum. The building blocks of all matter and energy were either in particle or wave form. Everything was believed to be separate and distinct. Every part is in its own

space and time, linked only through observable forces. Events happen due to an observable cause and effect.

Scientists discovered the power of the observer. Somehow the interaction of the observer, once considered independent of the experiment, had become crucial to the way experiments were conducted, and the results were subtly influenced. The behaviour of the phenomenon would change, depending on who was observing it and what thoughts, feelings, and expectations the observer had. Controlled conditions were no longer “controlled.” Gradually, scientists came to the conclusion that the “pieces” of an experiment were not separate unto themselves, but part of a larger whole.

### **But how can anyone with no previous training learn how to use their psychic powers?**

Psychic powers are within everyone. Your subconscious mind just needs to be “unlocked” for you to be able to do this. One does not need to understand how a car works to drive one, and one does not need to study occultism or magick to do a ritual or spell, but occult theory is a science that can be studied, but above all brought into practice. Many people just open a book, perform a ritual, and had great success with it, though they had no idea how it worked. Performing a ritual or reciting a spell can seem silly the first time, but understanding the reason behind the ritual or even chant can lend its reliability. Vampiric magick is not a musty old discipline, but a strong growing tree, weaving together branches from the ancient and modern worlds.

### **How would you know if you had a psychic ability?**

There are some things that can be considered psychic abilities to some, while others may call them coincidences. However, when coincidences occur with regularity, some may question whether or not there may be something more behind it. So what are some of the things that could indicate a possible psychic ability?

- You tend to feel what others around you feel, even if they are not showing it.
- You know what someone is going to say in a conversation before they say it. It happens often.
- You often have hunches that turn out to be hundred percent correct.
- You have a natural understanding for the higher purposes behind all good and bad things that are occurring. You can often appreciate these things when others cannot.

- You know before the telephone even rings, that someone is about to call, and who it is, quite often.
- You often have the sudden urge to be somewhere or with someone for reasons you do not understand. And, later find out that you were needed somewhere or to assist someone or that they were wishing for your presence as well.

Again the main keyword here is “often”. There are such things as coincidences and they can occur without a person having any kind of psychic ability at all; however, if they occur more regularly, and are accompanied by a strange feeling like goose bumps or the hair on your neck and arms standing on end, then you very well may be blessed, or cursed, with a psychic ability. How you choose to use it, if you do at all, is entirely up to you. Learning to live with a psychic ability can be a great test of the mind itself.

Since there are so many psychic abilities it is very hard to give a simple definition that covers all but the basics is that a general psychic ability is one that is outside of the five senses humans have. Sight, sound, touch, taste and the sense of smell are the common senses and those who have psychic abilities have those as well, however they also have extra senses that allow them to pick up on things that are not within the five senses but in fact may be strange combinations of them.

Some claim to have a psychic ability that allows them to “see” feelings in the forms of auras or wisp, while others may claim a psychic ability that allows them to 'feel' the thoughts of others as opposed to just hearing them.

### **Types of Psychic Abilities or extra sensory perceptions**

1. Empathic intuition
2. Genuine psychic readings
3. Clairvoyance
4. Clairaudience
5. Clairsentient
6. Telepathy
7. Past –Life Exploration
8. Psychic Mediumship
9. Conscious Channeling,

## 10. Psychometry

## 11. Psychic or magnetic healing

Extra sensory perception has been a subject of controversy amongst scientific communities. Throughout ages we hear time and time again there were those who had the ability of second sight. Yet extra sensory perception covers many subjects as found in the list above, and even more. Extra sensory perception is referred to as “ESP”.

Most people in the world believe in these occurrences and most people also say that they have had direct experience relating to extra sensory perception “ESP”. As we already know, even Abraham Lincoln claimed to have a telepathic dream of his forthcoming death and is claimed to have seen himself in coffin exactly as he lay some days later. Also there are stories in the bible where there are kings who have had precognition and seen dreams that later were interpreted by prophets saving those the king ruled.

Extra sensory perception covers a wide subject of metaphysics. Metaphysics covers all things involving extra sensory perceptions also it is an entire philosophy believing that all things which inhabit earth actually originate from one source. Metaphysics is basically study of consciousness in its true form. Psychics believe and know that in order to receive “Extra sensory perceptual messages” one needs to understand the nature of things (well at least to some degree). This receiving can take place once attuned to allow the heart to be neutral, and allowing the flow of universal truth to run through a person. This requires much patience to attend this unique humanly ability. Extra sensory perceptions (psychic ability) are classified in many different forms of ability. When we look upon the fact of extra sensory perception, then there are many levels of understanding and using this humanly intuition.

As the list above, we can classify “ESP” into categories of psychic energy, clairvoyance, telepathy, past events, channeling, precognitive dreams, mediums and psychometry, dreamwalking, so on and forth; and, we can also find many other different forms of extra perception. And the reason people refer these abilities as saying they are extra, is because we all know rather most of us are taught that we have five humanly senses. Such as smell sight taste touch hear, these are seen as five humanly sense. And if a person was to challenge the scientific community; saying we as humans actually have more senses than this, then obviously many people would not believe in this theory. Yet if you were to have a friendly psychic chat with a person who studies metaphysics then perhaps you will get a very different understating of senses. We have more than five senses (this I assure you), I will quickly touch on these subjects of extrasensory perceptions below.

## **Precognition**

This perception can be thought of a knowledge of an situation or event prior to that event actually happens, and is done without using reason (this covers precognitive dreams as well).

## **Clairvoyance**

This perception is the umbrella term that is used to cover all ways in which a psychic knows of upcoming events as well as things that once happened in the past. It basically means clear vision, a vision of seeing from the heart and not eyes, it is a vision of seeing without letting things perturbing a heart.

## **Telepathy**

You may think this ability as you have seen in science fiction movies where a person controls another by using their thoughts, although the movie makers are very imaginative, telepathy is one of the extra sensory perception that even many psychics cannot master.

It basically means to receive or send thoughts from a distance. I will give you an example so you may understand this ability and transform your theories about it. Have you ever seen or watched a documentary about brain surgeons or those who study human mind; if you have perhaps you may have seen the x-ray images when they put the patient's brain in scanning machines, (and when they show a patient certain images then particular part of the brain commits electrical charge) and then we see certain parts of the brain heating up so giving us x ray images of this event (parts of brain heating up more so than other parts). Well then we need to understand that, heat is energy, and it can also travel. Just like when you place your hand near a fire, without actually touching it you can feel the heat from a distance, as you can see heat energy travels.

Same can also be said about thoughts, although very subtle it also travels, and attuning your being to receive and send this energy from a mind can actually happen, (it does in fact happen) this is called telepathy. Some people think telepathy is heart to heart communication; heart to heart communication fits in to the category of soul mate communications and not telepathy.

## **Past Life Exploration**

This perception is a feeling or ability to know that one has experienced in past life's, or even in this present life, as an incident or a thought before, and once felt it is although it has been once lived. Many people refer this solely to reincarnation, though theories are open to debate amongst metaphysical cultures on this extra sensory perception. Example might be let us say you visit a church

or a temple for the very first time and without ever seeing it in photos or anything, and all of a sudden you get this strange feeling that you have been there before. And the sense of certainty that you never been there before makes you question reason and logic, this is an example of a past life exploration or experience. You may also have dreamt about having visited that church or temple, and here you are. You may have dreamt of a person you never met before, and yet some day you really meet that person. You may then say: “I have seen the person before, but I do not know where.” Or, if your memory never fails you, you may say “I dreamt about the person.”

## **Conscious Channeling**

This perception is rather seen from a metaphysical view point. As to be able to acquire this extra sensory perception one must know and believe in spiritual forms, entities, dimension and their existence. Along the psychologists Carl Gustav Jung and Dr. Roberto Assagioli, spiritual forms and entities are termed and understood as archetypes.

Archetypes are primal images that can be found across many cultures. They exist in our collective consciousness. The above psychologists and others popularised the term “archetype”, but they existed far beyond their identification. Each culture had individual names for an archetype, as represented by gods and goddesses. Each culture or religion wove stories and myths involving these entities, but the basic concept is the same. To those, as I do, who work with the archetypes, they are living, conscious energies, and beings of great power.

Modern vampires understand the concept of archetypes, but know these powers through personal, metaphysical experiences. The common belief is that archetypes are primal energies of an almost unknowable nature, but they express themselves through god forms, the individual descriptions and personalities of the gods and goddesses of myth. The god forms act as a mask.

The gods “dark gods” of mine are : Moon Sphere: Shugara, Noctulius, Nythra; Mercury Sphere: Ga Wath Am, Nekalah, Abatu; Venus Sphere: Karu Samsu, Asoth, Nemicu; Sun Sphere: Satanas, Vindex, Atazoth; Mars Sphere: Binan Ath, Kthunae, Sauroctonos; Jupiter Sphere: Lidagon, Davcina, Mactoron; Saturn Sphere: Azanigin, Velpecula, Naos.

Channel is a person who can communicate to these spiritual dimensions to receive and transmit the information they get. This ability is to relay information apart from earth realm. Throughout known history there have been documented evidence of ancients performing channeling. Also this extra sensory perception is very valued amongst vampires and shamans who still to date make their

journey between subtle world and earth world. Although rare there are some genuine psychic mediums who can offer this sacred service. Yet this subject is very delicate and attaining is one of the highest and most complex forms of ability for a genuine psychic.

Your psychic ability may offer to channel medium communications for you, but you need to first consult specialised people about the matter, and not make any start of your own. Only if they really knew, that they only imagine things, and only if they knew that being a real medium is much more than the fantasy they imagine, then they would know, that it *is sacred*

## **Psychometry**

Psychometry is to be able to receive information and knowledge through objects or writings of people who is not present or known to the perceiver. Usually jewellery is seen as best forms of objects to receive information. Though it can also be done through clothing or article or photograph that is personal. Also this can be universal objects or places such as houses buildings and anything else that can be physically seen. According to psychometry whenever one interacts with an object, subtle vibrations of that encounter become attached to it.

Example: when someone wears a wedding ring for instance this ring then obtains psychic bond to the wearer. Even though when it is taken off, this psychic connection can be perceived to the attuned heart, similarly this can also be said to temples or churches whenever we visit such places then we get to feel its psychic charged atmosphere around us, it is calming and nurturing also peaceful, the reason for this in the eyes of metaphysician would be that, throughout its past people who have been in it, has left their souls pure imprints in the structure itself.

Psychometry is widely practiced today amongst psychics, who will usually ask for an objects to get information to give psychic readings for an individual.

Many people will agree on existence of such extra sensory perceptions “ESP”. But, also there will be many people who will debate or disagree with such abilities. We humans need facts and figures to agree with anything, yet when we look upon religious beliefs of almost all people we come to realize we all believe in super natural realms in one form another. Believing in psychic dimensions require a heart that is perceptive and sensitive. Having extra sensory perception can be developed it is not a gift for only select few people who have been born under the right star. (Lots of them, also religious leaders are only looking to make business on behalf of the foolishness of believers). However, it is ability, and with any ability it needs time and effort to bear fruit. Further on more on psychometry.



## However, is psychic ability real?

Psychic energy or "psi" is the transfer of information or energy that cannot be explained by a physical process. People who can do this consciously are called psychics. But does it really exist? Many do not think so - either because they have never experienced it themselves, or because they have heard about or had personal experience with one of the great number of fake psychics making money off those needing desperately psychological assistance..

In the 1930s a set of psi testing methods were developed at the renowned Duke private research University, Durham, North Carolina, USA. These consisted of a repetitive procedure in which the subject attempted to determine a target symbol from a set of alternatives. The percentage of time the subject was correct determined the amount of psychic ability he or she had. However, these types of tests failed to capture the types of psi that have been reported in everyday life.

For example, psychic energy has often been linked to meditation, hypnosis, drugs use and especially dreaming. These altered states of consciousness, whether self-induced or naturally-occurring, have been the conduit for psychic experiences by individuals who did not consider themselves psychics - or think they had any such ability.

Researchers in the last forty years or so have attempted to verify these anecdotal observations. Several tests on meditation indicate that it does, indeed, facilitate psi. Hypnosis, which is almost identical to meditation in effect but just uses a facilitator to achieve the trance state, has also proven to enhance one's psychic ability.

To study how psychic energy reveals itself in dreams, the Maimonides experiments chose a subject to sleep in a dream laboratory. When the experimenter determined the subject had entered REM sleep, he gives a signal to another participant, the "sender", to begin. This "sender" would concentrate on a randomly selected picture, trying to "send" this image to the sleeping subject. When the subject was nearing the end of REM sleep, he was awakened and asked to tell everything he remembered about his dreams. This was repeated several times during the night.

Independent judges were asked to judge the similarity of the dreams as described and the pictures the sender had been looking at. They also judged the similarity of the dreams to a different, randomly selected picture. The judges did not know which picture was which. The similarity rating was closer with the real pictures than the control pictures.

These newer tests led the experimenters to think that psi is a weak signal that can be easily clouded by other information coming in through the normal five senses.

Further studies were designed in which the subjects' five senses were blocked and the subject was relaxed using traditional techniques. The sender was separated and acoustically isolated as he attempted to send visual data, again chosen at random, to the subject. At the same time, the subject gave a constant verbal description of the thoughts going through his mind. This went on for approximately thirty minutes per session. The subject was then given four visual cues, one of which the sender had been trying to communicate and asked which of them was most like the imagery he had experienced. Again, this test indicated the presence of psi with statistically significant results.

One must take these tests with a grain of salt because of what is known as "selective reporting". Failed experiments are reported far less than successful ones. So whether or not psychic energy really exists is still hotly debated.

### **Discover your own psychic abilities**

There are exercises where you can shuffle a deck of cards and see what the top card is and then turn it over. These exercises might be helpful and valuable but really when you think of it the guessing of cards is a gimmick. The true test is to see who it is when the telephone rings and when you answer it see if you were right.

Sitting quietly in the morning and picture your day ahead by thinking what it is you will be doing and then gradually extending your thoughts to the people you will meet during the day. This is a step you can take where at each moment you will be able to say, yes I knew that was going to happen or I knew I was going to run into you today.

By doing so you are recognising your talent and as each day passes your talent will become stronger and you will be able to use it under different circumstances.

Psychic ability is not the "impostor" abilities of the old days where witches were burnt at the stake. Psychic ability is a gift that requires identification and then trust in the ability. Once you have identified the ability it is a simple matter of conducting research from others who have experienced the development of their abilities and see if they refer to you.

## How to tune into your psychic ability.

### Technique 1

Every psychic has a different way of tuning in. I can only describe to you how I do it, and you can try it for yourself. Ask around, try different techniques and find your own way of tuning in.

1. Open your crown chakra. Think of it as a funnel pouring information into your body from the divine.
2. Clear your mind, look up toward your third eye and close your eyes.
3. Imagine yourself sitting in a circle of white candlelight. Around the outside of the candles is a circle of mirrors facing inward. Now picture the person for whom you are doing the reading or something else, sitting inside the circle with you. (If you do not know what the person looks like, then imagine the essence.)
4. Get a feel for that person's mind.
5. Once you feel connected to that person's mind, imagine a movie starting to play in your mind. The movie is symbolic of what is happening in that person's life.
6. Use your own intuition to interpret what the symbols mean. For example, is this person running away from something, climbing up something, sitting peacefully? If so, what do you feel they are running from, etc.
7. Let the movie play out and describe to the person what you are seeing. Use your intuition to interpret what it all means in their life. Do you see the person sitting tall and proud on a horse or crouched in a corner?
8. Once you have a basis for their current situation, fast forward the movie and see what happens next. This is when you will see their future.
9. Let them ask questions, and see what happens next in the movie. This will be the answer to their question.

It is not my intention to give you the impression that in a few weeks or even months you will be able to open shop (by way of saying). It can take years to develop your psychic ability. Many people do not have the desire to work at it long enough to be considered "a psychic." If this is your wish! It's not for everyone. Think of it like playing a sport. With enough practice and dedication,

almost anyone can be a star athlete. However, without the passion or desire there is no use in trying that hard.

Moreover, please do not open shop (by way of saying) if you have no desire to help people. I have been studying the topic for years since 1960 ending, and have developed my own way of doing sessions that are helpful to the person needing counselling. It is important to tell people why things are happening to them not just what will happen.

## **How to work developing your psychic ability?**

There are many people who claim to have psychic abilities. Whether or not they are true psychic powers or something else is unknown. Some believe that there is an amount of psychic skill in all of us, lying in a dormant and waiting to be triggered. If you want to increase your own psychic ability with a more advance technique than previously, try following the steps listed below.

### **Technique 2**

1. Slow your mind down. Our normal state of consciousness is too rapid for allowance of any type of psychic connection, so slowing the mind will permit psychic activity. When you are awake the brain wave frequency is about 14 to 20 cycles per minute. Psychic activity would occur when the brain waves are at about 7 to 14 cycles per minute. This range is called alpha frequency.
2. Close your eyes and clear your mind. It is imperative that your mind be free of stress and thoughts that could possibly restrict your psychic ability. The busy mind does not allow paranormal contact, because it is not open to the sixth sense in the subconscious. When our minds are busy with day to day activities, there is much difficulty in connecting with the paranormal realm.
3. Practice meditation in order to lower your brain wave activity to a level that lets you connect with your underlying psychic abilities. Buy a metronome from a music store. Listen to the repetitious beating sound while relaxing your entire body and mind to achieve inner solitude.
4. Test yourself, in observing your life as you go along, and you will be surprised. Pay attention to how many times you say, "I knew that was going to happen!" Whether it is knowing who is on the other end of the phone, or who you are going to run into at the store, you are continually flexing your psychic muscle. The more you do that, the stronger your psychic ability will be.

5. Keep practicing techniques to open your psychic connection. Each failed attempt to relax your mind to alpha frequency for psychic development will increase your chance for success. Once you gain a state of serenity, you can concentrate on psychic activity in your mind.

## **Develop meditation practice and stay connected**

### **Technique 3**

A good idea to help move your forward is to develop a spiritual practice. A spiritual practice can be setting aside fifteen minutes a day to sit quietly. Be in a place where it is quiet and you will not be distracted. Get comfortable and listen to your breathing.

Take deep breaths in and out, relaxing as you exhale. Focus on your breath. As thoughts come and go, just watch them and let them go and then refocus on your breathing again. If it is easier allow yourself to think pleasant thoughts, as you do this.

Sometimes it is hard to stop thinking completely because that is what we are so conditioned to do. So if you can't stop thinking what you can do is let yourself think pleasant thoughts that won't take you away from this meditative practice. Set aside time to do this every day for fifteen minutes for thirty days and you will see a big difference in yourself.

Once you have that connection this is where your true "magick" lies. From here, you can get inspirational ideas, thoughts, visions, auditory messages, or simply have a knowing about anything you choose.

Once you feel the connection, it is a matter of getting quiet, asking a question and then listening for the answer. The answer might not come that second or how you think it will. Just go about your business and see if over the next day or so you don't have clarity regarding the question you asked.

## **Genuine Exercises to Develop Your Psychic Abilities as you go along**

Some fun psychic games that you can do to test and improve your own abilities are:

- When you are driving, see if you cannot figure out what the car in front of you is going to do.

For example, while you are driving ask yourself, *"What is this car in front of me going to do? Is it going to continue going straight, or turn right or left?"*

Notice what types of responses you get and how close you are.

- Have someone hide an object in your house and then try and find it. As you walk around your home, say to yourself, *"I feel it is closer over here"*, and then pay attention to the feeling you get in your body (especially your stomach area).

You will either feel a *"Yes, the object is closer over here"* or *"No, it is not near here."*

Keep practicing until you can learn to trust those subtle feelings in your body.

- Get quiet and think about an event coming up. Picture in your mind how things will go at this future event.

Put yourself into the future scenario. Make it as realistic as you can. What are you wearing; how are you acting; who are you talking with? What do you see? What is the outcome of this meeting? How will you feel when you leave?

You will be amazed at how good and accurate you can get once you practice these types of psychic exercises. You don't have to stop with these. Think of some other psychic games that will test your own abilities.

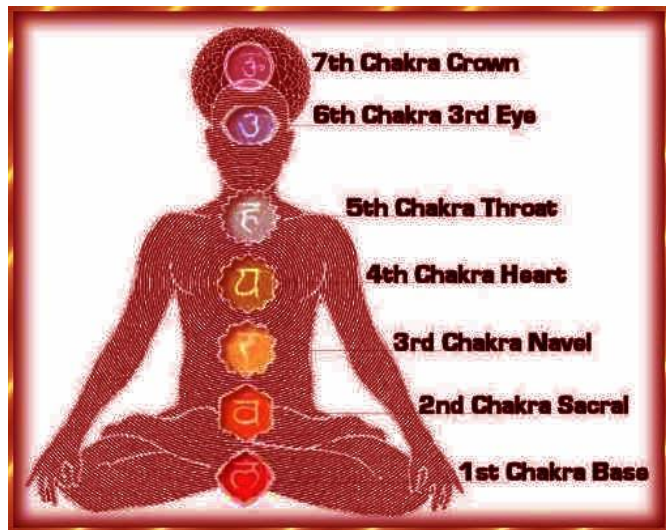
Most of all keep it light-hearted and have fun!

As you can see, working with your intuition, your psychic abilities is a very experiential thing. It is not something that you can just read from a book. It is something that must be experienced firsthand, validated, and then practiced and refined. Remember, we all have psychic experiences daily. What have you experienced today?

## Chapter Two

### Our Psychic Experiences are controlled by the chakras

Chakra is “Sanskrit” for “spinning wheel”, referring to the spinning wheels of light within the subtle or energy body. As your physical body has physical organs, your subtle bodies have subtle and energetic, organs, points of light, that process energy in much the same way physical organs process food, water and oxygen. Each works on a different level of reality. The chakras are energy centres within the body. They are



how we process information from the world around us. Chakras can be likened to the aperture of a camera, in that they have the ability to open and close as they process information.

There are seven major chakras within the physical body that run along the spine. There are also chakras in the hands and feet as well as where median lines cross in the body as identified by acupuncture. Physiologically speaking, the major chakras are located where groups of nerves meet to form nerve centres. They are also related to the endocrine gland system, which includes the adrenal gland, thyroid and the pituitary gland.

While there are seven major chakras of the body, we will only be discussing the chakras that control our psychic information.

Clairsentience is an ability of the second chakra. It is the ability to feel energy. The second chakra is located just below the belly button, therefore called the “belly chakra”. The character Diana Troy on Star Trek, the Next Generation, for example, is empathy. Empathy is another term for clairsentient. Diana feels things. On a more personal level, have you ever walked into a room and “felt” bad vibes, only to find out that an argument has just taken place, or have you ever walked into a room that someone has just cleared, performed a healing or are deep in meditation, where you in turn feel cleared, uplifted or that you are releasing energy and relaxing. You are processing that information through the second chakra. So when you are feeling energy, validate that you are having a clairsentient experience.

The belly chakra is also called the sacral chakra, relating to the lower sacral spine, abdominal chakra, or “Svadisthana” in the Eastern texts. As there are many names, the location tends to vary according to the tradition and teacher. Possibilities include slightly below, above or at the navel point.

As the second chakra, it moves beyond the physical needs of the root and into the realm of primal instincts and emotions. This energy relates to our basic need to reach out and commune with each other. While the root is our relationship to self, the belly is the relationship to others, symbolising our recognition that there is more than just “me”. Sexual and social relationships and one-on-one relationships are related to the belly. Physically, the belly chakra relates to the kidneys, intestines, lower digestive system, spleen, and pancreas. The skeletal system could be connected too. The etheric body, the energetic template to the physical body, relates to the belly. This level of the energy body keeps our shape. The material of the physical body is regenerated every seven years, but illness and scars can last longer because the physical matter is filling in the associated damaged sections of the etheric body. Disorders of the second chakra do include digestive disorders, particularly ulcers, hypertension, mood swings, an inability to trust one’s instincts, and difficulties communicating and relating to others as individuals.

Clairaudience is an ability of the fifth chakra. It is the ability to hear information. The fifth chakra is located in the base of the throat, just below the voice box. Many think that our inner dialog is just an overactive brain. We are, however, always receiving information on clairaudient levels. For example, have you ever trying to figure out how to do something and "a little birdie" tells you what you should do? This is your clairaudience at work.



Clairvoyance is the ability to see pictures in your mind’s eye. It is controlled by the sixth chakra, more often referred to as the “Third Eye”. It is our ability to visualize, which should not be confused with our ability to trust or validate that what we are seeing. It is the most important tool you will use as you develop your clairvoyance. It is a tool in which we all use on a daily basis. By working with your visualization skills, by flexing those visualization muscles, it will become easier for you to accept the information that comes in on psychic or clairvoyant levels. This chakra is located between and slightly above the eyes. The Hindu texts call it “Anja Centre”, although mostly referred as the “Third Eye”. The gland of this



chakra is the pineal gland, found in the brain, and some evidence suggests that the structure of this gland is much like an eye that never fully developed. Although located in the brain, the pineal gland can sense light, which influences its ability to produce hormones. The brow chakra relates to the function of seeing: physical seeing, seeing situations clearly, and seeing things physically, our sixth sense. Through this chakra we apprehend to see things as they really are, to learn the metaphysical reality that interacts with our physical reality. When we use the “Third Eye” to visualise something, we are using our brown chakra.

Our powers of intuition, clairvoyance (psychic seeing), and most visually related tasks come from the “Third Eye”, relating to the psychic body. The psychic body gives us information as well as knowledge. Besides the pineal gland, the “Third Eye” chakra is associated with the lower brain and nervous system, to inform the entire body.

A little experiment! As you continue to read this paragraph, can you picture or visualize what your house looks like or your car? Can you see your bedroom or your office at work? Can you see the vacation you took as a child or the face of your first love? Can you see all of these things in your mind’s eye...clearly, easily, effortlessly? This is the place that you go to visualize. It is also the place where you see things on a clairvoyant level.

The Crown Chakra sits not in the body, but at the top of then head, at the crown. Known as “Sahasrana”, it is visualised as violet, lavender, or dazzling white. Knowingness is an ability of the Seventh Chakra. It is the ability to just know things. The Seventh Chakra is located on the top or the crown of the head. When you work with information on knowingness levels, you do not know how you know something, you just know? Since the Seventh Chakra sits on the top of the head, the body and the other chakras do not have the opportunity to process the information involved. You are saying something literally right off the top of your head. This is your knowingness at work.

## **Chakra Opening**

The following meditation for vampires opens and clears all seven main chakras, and can be used prior to any serious vampiric work. Obviously, the whole exercise should be done on a regular basis. You can break the meditation in two parts. The first part works with opening and attunement. The second part may be called the “Earth and Cosmos Meditation”, letting the energy flow up and down, focussing attention on each chakra level for just a moment.

## **Meditation Outline**

This is a meditation outline that gradually opens all chakras. However, you may choose to open and develop the chakras you mostly need in Vampirism as described above, and that is the second, the third and the fifth chakras, to speed up a bit. Remember that at last you will have to open and develop all chakras.

## **Relaxation**

1. Get into meditative position
2. Relax your body. Be aware of your head, from your crown to the back of your neck. Take a deep breath, exhale, and relax all the muscles in your head and neck. Relax your jaw. Relax your face muscles. Relax your eyes and forehead. Feel all tension drain away.
3. Take a deep breath, exhale, and relax your shoulders and arms, all the way down the arms, past the elbows, to the wrists, hands, and fingertips. Waves of relaxation melt away all tension and stress.
4. Breathe deeply and as you exhale, and release all tension of your chest and lungs, your upper back, down your spine to the lower back, abdomen, waist, and hips. Feel them completely relaxed as all tension drains out of you.
5. Take a deep breath, exhale, and release all tension from your legs, starting in your thighs and moving down to your knees. Relax your shins and calf muscles, down to the ankles, feet and toes. All tension drains out of you./
6. Breathe deeply and relax. Enjoy the sensation. Scan your body as you breathe. Do you feel any remaining pockets of tension or pain? If this is the case, imagine as you breathe in that your breath magickally reaches the tension anywhere in your body and take the tension away as you exhale.
7. Relax your mind. Any thoughts, worries, or concerns of the day melt away and leave with your breath as you exhale. Do not let them concern you any longer. Relax your mental body completely.
8. Relax your heart. Release any unwanted feelings, emotions and memories as you exhale.
9. Relax your “Higher Self” (your soul). As you breathe feel the pulse and rhythm of life that moves through you and know it moves through all things. Follow your inner vampiric light for guidance and protection. You will be guided.

## Visualisation

1. Visualise a giant screen in front of you, like a blackboard or movie screen. This is the screen of your mind, or what is called your mind's eye. Whenever you visualise or recall anything, or remember a person's face or anything else you project it on the screen. You have always had it, but now you are giving it some thoughtful attention. Anything you desire will be projected on the screen.
2. On the screen of your mind, visualise a series of numbers, counting down from twelve to one. With each number, you get into a deeper meditative state. The numbers can be of any colours if you desire as such, draw as if writing them, or appearing whole
3. Now visualise 12, and see the number twelve on your screen, 11, 10, 9 and forth until 1.
4. You are now at your meditative state. Everything done in your meditation state is for your highest personal good, for yourself only, but harming no one. You are now counting down to a deeper and more focussed meditative state. Count backward from twelve to one, but do not visualise the numbers this time. Let the numbers gently take you down, thirteen to one. You are now at your deepest meditative state, your magickal state of mind, in complete control of your magickal and psychic abilities.
5. From this points, you can pursue to other exercises and experiences, ,or meditate at this level for a while and bring yourself up, counting from one to thirteen and then from one to twelve. Gently start to wiggle your fingers and toes, and slowly move to bring your awareness back to the physical.
6. Take both hands and raise them up over your head, palms facing your crown. Slowly bring them down over your forehead, face, throat, chest, abdomen, and then groin, and "push out" with your palms facing away from you. This gives you clearance and balance, releasing any harmful or unwanted energies you might pick up during your psychic experiences.

## Affirmation

"I am completely tuned in and balanced. I am in balance with myself. I am in balance with the cosmos and its energies. I am a psychic vampire, and release all that does not serve me."

7. Ground and protect yourself as needed.

## Earth and Cosmos Meditation

### Opening the chakras

1. Be aware of the energy around you, your aura, and the flow of energy up and down the spine.

2. Focus your attention on the base of the spine, the root chakra. Visualise it as a bright red disc. Feel the chakra start to spin open and activate as you inhale. Feel it spin open, purifying any blocks you have to the physical vampiric world and to your sense of community. As for your own good, release any anger you have for anyone of your vampiric world. The chakra spins open like



red water lily or lotus flower revealing a fiery ruby within it, clear and energetic.

3. With the next inhale, focus your attention on your navel area, at the belly or sacral chakra. Be truly aware of this glowing orange wheel of light. Feel the chakra start to spin or activate. Feel it spin open and purifying any blocks you to your instincts and your relationship. Release any possible contradiction to the normal flow of energy. The chakra spins open like an orange



stone within it, clear and energetic.

So, what is carnelian stone? Carnelian is a gemstone known for its many beneficial properties; it is a form of chalcedony, and can vary in color from reddish brown, to rust like orange, while the spectrum of shades can encompass the very intense and dark, as well as pale and smoky. Typically, carnelian stone meaning is associated with power, protection and positive energy. Carnelian is found and mined mainly in India, Uruguay, Brazil and South Africa, though its use is advocated the world over for its many advantageous properties.

With the next inhale, focus your attention below the diaphragm muscle, at the solar-plexus chakra. Be aware of this shining yellow disc. Feel the chakra start to spin open and activate. Feel it spin open and purify any blocks you have to your personal vampiric will-power. Release any fear you have, telling yourself “there is no fear.”



The chakra spins open like a yellow lotus flower revealing a yellow citrine stone within it, extremely clear and energetic.

4. With the next inhale, focus your attention on the sternum bone, at the



heart chakra. Be aware of this pulsing green wheel. Feel the chakra start to spin open and activate. Feel it spin open and purify any blocks you have to as unconditional love or passion, perfect love or passion, and perfect trust in yourself and others. Release any grudges that would hinder the free flow of your vampirism. The chakra spins open like a green lotus flower revealing an emerald within it, clear and energetic.

5. With the next chakra inhale, focus your attention on the thorax, at the



throat chakra. Be aware of this spinning blue light. Feel the chakra start to spin open and activate. Feel it spin open and purify any blocks you may have to communication, and that also means psychic communication. Release any judgments you may have. The chakra spins open like a blue lotus flower revealing a blue sapphire within it, clear and energetic.

6. With the next inhale, focus your attention on the brow, at the third-eye



chakra. Be aware of this deep-indigo point of light. Feel the chakra start to spin open and activate. Feel it spin open and purify any blocks you have to your psychic and magickal gifts. The chakra spins open like an indigo lotus flower revealing an iolite sunstone within it,

clear and energetic.

7. With the next inhale, focus your attention on the top of the head at the



crown chakra. Be aware of dazzling light, violet or white in colour. Feel the chakra start to spin open and activate. Feel it open and purify any blocks you may have to your connection to the Cosmic Consciousness. The chakra spins open like a purple (violet) lotus flower revealing an amethyst within it, clear and energetic.

8. To close, slow down the energy flow with your intent, and then stop it.

9. Return yourself to normal consciousness, counting up, and giving yourself clearance and balance. Do any necessary grounding. Scan your aura and chakras often, like you would with your computer. As your awareness of the energy anatomy grows, you will find out the location and reason for imbalances. The kind of information will help you pinpoint problem areas in your vampiric life that need to be addressed.

If a psychic vampire or occultist is open to seeing truth, he or she will see it; otherwise, it remains unseen, no matter how bright a light shines upon it. People will take in only that information they are ready to accept and, more importantly, that they truly need.

The vampire's goal is as follows:

1. The aspirant vampire learns to think, and to discover that he has an apparatus which is called the mind, and to uncover its faculties and powers, mostly through meditation techniques.
2. Next, he or she has to learn to get back of his thought processes and form building propensities and discover the ideas which underlie subtle thoughtform, the world process, and so learn to act in collaboration with other vampires, even entities (archetypes, energies) behind the veil of visibility, and subordinate his or her own thoughts to theirs.
3. From that developed "Vampiric Idealism", he or she must progress even deeper still, until entered in the realm of real, pure and active intuition. He or she should be able to tap truth at its source
4. After which, follows the work of conscious thought-form building, emanating from the Cosmic Mind.

It all needs "concentration", in order to focus the lower mind to the higher. And, that is through "meditation", which is the mind's power to hold itself in the "Vampiric Dark Light", and in that light become aware of the real purpose of being a vampire. Through "contemplation" the vampire finds himself able to enter in the silence of his secret underworld to tap from the Cosmic Mind.

How is this done? How bring through and how build afterwards? Also note that no matter how small or unimportant an individual vampire may be, yet in cooperation with other vampires, preferably of his clan, he wields a mighty force.

Vampiric thinking and living depends on many things, and it might be useful to state some of them very briefly:

1. With the ability to sense the vision. That involves the capacity to realize the archetype on which the “Vampiric Lodge” is endeavouring to fashion our Vampiric Race.
2. Having sensed the vision and glimpsed a fraction of our beautiful vampiric world, in your hands (in our hands) lies the opportunity to bring down to the mental and psychic plane from the “Cosmic Mind” as much as you possibly can, and be fed.
3. After this accomplishment, what is coming next? Simply, the period of gestation, a period wherein the vampire builds his thoughtform of as much of the vision as one can bring through into the consciousness. It must be done slowly, for a strong vibration and a well built form.
4. Happy is the vampire who can bring the vampiric vision nearer to his clan, even the vampiric community, and work it out into existence, feeding himself at will. Work at your darkness, until complete satisfaction. Let us, together, build up the Vampiric Temple.

## **Vampiric Chakras Review**

The main seven chakras as stated hereunder are Energy Centres of the human body, each related to specific power points to be developed for growth in power. The vampire can focus on these to drain others during vampiric workings. The vampire thinks of himself only and his clan.

### **Chakra 1 (Root)**

Draining through touch and grasping objects is the easiest way in vampirism, stimulating the nervous system. These are the first steps into vampirism. Psychic energy is mentally drained from people as we are through astral contact. The powers of astral vampiric hunting through dream and drinking the energetic blood (psychic energy) are the best. Be courageous, confident and have a strong will.

### **Chakra 2 (Belly)**

Focus on your sexual attraction towards your object, and think of the horrifying form you make your own before reaching your goal. Once you have done this, visualize this before going to sleep, and imagine yourself flying “astral” out in that appearance. Use your vigour, instinctual drive, knowledge of the self with the right emotions.

### **Chakra 3 (Solar plexus)**

It drains from your “I-ness” (Ego), building up the essence of “self” from a conscious level. Ponder on these things: Consciousness and empowerment of the Self. Understand the sense of “I-ness”.

### **Chakra 4 (Heart)**

Draining psychic energy in crowds and various social situations. The vampire always builds up self-awareness and self-love. The vampire should know the balance of opposites as darkness and light. Pleasuring in darkness, developing his or her demonic aspects and carnal instincts.

### **Chakra 5 (Throat)**

Defence and seduction by voice (see chapter on personal magnetism). Learn to vibrate sounds to defend yourself or seduce, sending forth your vampiric tendrils. Work at you sound, voice, seduction and persuasion.

### **Chakra 6 (Brow)**

Very important chakra for tapping into another consciousness. It is your “Third Eye”, the psychic vampire use most. Drinking as it were from the Ajna Centre brings an elevated level of power: “I am a vampire, I am the power, I am the glory, I am another god.” The “Third Eye” enables to read thoughts through body language, and various occult workings.

### **Chakra 7 (Crown)**

Achieving ease of identity, “who am I”. Hunger becomes greater if not balanced; therefore, one must continuously work at his or her psychic development. This “crown chakra” is the connection to the greater world, the collective consciousness, timeless and immortal.



## The Vampire – The Creator

Only when the vampire submits himself to the discipline of his “Vampiric Codex”, and own will-power, controlling the lives around him, he is oriented to the goal as it progressively makes its appeal to his vision, will arrive at a true understanding of the Cosmic Plan, which constitutes the Will of the Prince of Darkness as far as we can grasp it on “Earth”.

At a certain stage, when the vampire is no longer a new-comer or neophyte, he or she will start to create because he or she daily learned to think and act correctly.

The vampire is first of all the creator in mental matters:

1. Learning to build the power of thought intelligently.
2. Giving the impulse, through right speech which animates that which he is building up for his own good, and so enable the thought-form to convey the intended idea whatever it is.
3. Sending out his thought-form correctly, oriented to his vampiric goal, and so truly directed that it will reach his objective and accomplish the purpose aiming at.

Those rules may sound very simple for our scientists, but for the willing ones, it is a safe guide into occult truth, enabling the beginner to pass the tests for initiation. Let us always express our truth just as it is:

1. The vampire views the world of thought, and separates the false out of the true. In this way he or she is protected.
2. The vampire learns the meaning of glamour (illusion), and in its midst locates the tendril of truth. This is very protective.
3. The vampire controls his emotions, for the waves that rise on the stormy seas of life swallow up the swimmer.
4. The vampire should always remember that he has mind, and if developed a very special one, and must learn to use it for his own good and the vampiric community (ecclesia/church).
5. The vampire should always remember that in his mental work that concentration is the main thinking principle.

6. The vampire should know that the thinker and his thought, and that which is the means of thought are diverse in nature, yet but one in reality.
7. The vampire should always act as the thinker, and learn it is not correct to prostitute his thought to the base use of meaningless and low desires. He or she is an aristocrat.
8. The energy of thought is for his own good, and of his clan or vampiric community. For selfish ends “yes”, but also for his clan small or large.
9. The vampire constructs the thought-form with a vision, a definite purpose, ascertain as such its goal, and having verified the motive. In this he or she will be successful.
10. The vampire knows that his way of life, and his way of conscious building is not yet the goal. He or she needs to bare the doors of fear, jealousy and meaningless living. Watch your “aura” vampire!
11. Vampire, watch close the gates of thought. Sentinel that which does not belong to your vampiric aristocracy. Cast away all fear and greed. Look out and always “up”.
12. Vampire because your life is “now” centered on planet “Earth” and concrete life. Pay close attention that your words, speech and acting indicate your thoughts. Your thoughts of power make you strong.
13. Vampires do know that speech is triple in kind (*idle words; vulgarity and words of hate against your own community members*). The idle words will each produce its effect. If correct and powerful, naught needs to be done. Remember, you will always pay the price if the wrong effect is produced.  
  
Idle words sent forth with strong intent; build up walls of separation and imprisonment. It takes a long time to break the walls, to free yourself to have your free flow again. Always ponder on your motive, and how to protect yourself, blending your little life with the larger vampiric purpose.
14. The idle thought rendered into words produce a prison for yourself, poisoning your very special life as vampire. Keep your vampiric secrets well for yourself and in your clan, to prevent delay and disaster. Keep silent and the dark light will enter in.
15. Broadcast not yourself around, also pity not your fate. The thoughts of “self” and of your lower destiny prevent your magickal work.
16. The power of thought and of sex attraction is a great force. The central teaching in Tantrism and in Vampirism as well, is that all of life is

important (sacred), especially our sexuality. This is because Tantrism and Vampirism view the sex power as being the same inner energy that powers our enlightenment. Especially, the practitioner of sexual Tantra attempts to use the powerful sexual force as an agent for awakening and transcendence.

These simple vampiric rules are the sure foundation for the carrying forward of the magickal work described in this manuscript, rendering the mental body so clear and so powerful that your vampiric motive will control your aims to the full.

## **Vampiric Personal Magnetism**

When vampires are around irresistibly magnetic people in one-mindedness we feel wonderful, we feel inspired, and quick to action. We feel attracted to our community members because they are as ourselves enthusiastic about life; they have a vision, they have confidence in what they are saying and doing, they are energetic. We are aware of their power, yet there is also a lightness of being, childlike qualities of playfulness, openness and curiosity. They are spontaneous and fun-loving. They live their lives without struggle and burdens, they do not have to chase after things - whatever they desire flows to them effortlessly because of their magnetic impulse.

The most recent science tells us that the countless billions of atoms of which the body is composed are charged, each and every one of them, with inherent or native magnetism, the presence of which is necessary to hold together their electrons, and to maintain a sort of solar system in which a central orb exerts an influence over its satellites, and the latter in turn by the magnetism of a force akin to that known as centripetal, keep their distance from the ruling orb. Also we are told that each atom holds a pent-up power that, if let loose, could destroy matter vastly greater than its size. All these engines of force and energy are coming into the body in countless billions daily, serving their mission of making and maintaining life, and passing out to join the great fund from which they were drawn.

All this magnetism is known as diffused power; and, it is scattered throughout the body.

This is recognized by all scientists as the basis of a higher use than that which has yet been drawn from it. In order to understand how this higher use may come about, let us review the manner in which the vegetable cell that holds the germ of intelligence is made by "Nature" to collect these scattered forms of

intelligence into a collective mass, which is called the brain, and by which the animal is created from the plant.

In the same way the diffused or scattered presence of magnetism in the countless atoms of the body is drawn collectively into ganglia, or nerve centres, and into the brain or greatest of all nerve centres. When the process of collecting this magnetism is carried forward to greater results, there is present in the body a much more active fund of magnetism. When the collective fund known as brain-power is united with the increased fund of magnetism, the result is personal magnetism.

If you will notice the man and woman who are considered the most "magnetic," you will find that almost invariably they are people who have what is called "soul" about them – that is, they manifest and induce "feeling," or emotion.

They manifest traits of character and nature similar to that manifested by actors and actresses. They throw out a part of themselves, which seems to affect those coming in contact with them. Notice a non-magnetic actor, and you will see that although he may be letter perfect in his part, and may have acquired the proper mannerisms, gestures and other technical parts of his art, still he lacks a "certain something," and that something may be seen to be the ability to communicate "feeling."

Now, those who are in the secret of the show business, know full well that many of the successful actors, who seem to burn with passion, feeling and emotion on the stage, really feel but little of these qualities while acting – they are like phonographs, giving off sounds that have been registered in them. But if you will investigate still further, you will see that in studying their parts and practicing the same privately, these people induced a stimulated emotion, such as the part called for, and held it firmly in their minds, accompanying it with the appropriate gestures, etc., until it became firmly "set" there – impressed upon the tablets of the mentality as the record of a phonograph is likewise impressed upon the wax. Then, when afterward they played the part, the outward semblance of the feelings, with the motions, gestures, emphasis, etc., reproduced itself and impressed the audience. It is said that if an actor allows himself to be actually carried away with his part so that he feels the same keenly, the result will not be advantageous, for he is overcome with the feeling and its effect is upon himself rather than upon his audience. The best result is said to be obtained when one has first experienced and felt the emotion, and then afterward reproduces it in the manner above stated, without allowing it to control him.

## **Reading about Personal Magnetism is not enough**

No matter how great may be your ability to read and understand books, that growth, that law, requires time as well as intelligent effort. No matter how poor may be your ability in such respect, that growth is absolutely certain if you put reasonable time and genuine effort into its acquisition.

The giant trees of our parks anywhere in the world were once puny saplings. The slow lapse of time has drawn nature into their mighty hearts. Magnetism can no more be acquired by the mere reading an article, or by hurried practice of its directions, than can these giants of East and West, North and South be produced in the hot-house culture of a northern summer.

Magnetic growth is naturally slow. Its principles, its methods, and the results of its study, have to be deeply sunk into and absorbed and assimilated by the subjective self before the reaction of magnetism in the objective life can obtain. If you have read these lines correctly, you have learned that magnetic growth as well as other psychic development cannot be hurried. These statements are placed here because, had they appeared at the beginning of our work, the outlook would have seemed, perhaps, discouraging, but more especially because they would not have been understood. You now understand them because you have toiled, and you can afford to smile at such possible discouragement. You have paid an easy price for magnetic power, for the gains discount the pains.

The faithful observance of these suggestions has developed many surprises during the time occupied. The growth of magnetism involves intense and continuous concentration of thought upon the psychic field, and it is very likely that you may find it necessary to guard against that danger. The method of so guarding is briefly indicated below.

The sole value of magnetism consists in its practical application to everyday affairs. Success-Magnetism is not an accomplishment merely; it is a practical power. When rightly developed and used, it controls the subjective self in the concrete work of the objective. The definition of the goal you have been seeking now appears: Success-magnetism is personal magnetism intelligently multiplied into actual life.

## **Magnetism and Charisma**

The thought of having personal charisma and personal magnetism is often based on having an attracting energy that flows through your body and mind. While that is certainly true, there are other aspects to it.

Many people think you are either born with it or you are not. It is not a matter of you either have it or you do not possess it. We can all start at the beginning and develop it, if it is not one of our strong traits. Having a strong presence is about how you are perceived by others. How you treat them is going to influence them greatly, especially when you first meet.

So let us talk about how you can genuinely influence people for the better and have them think of you as a powerful vampire.

### **Tips for Positively Influencing People**

1. When you meet with someone new, act as if you are meeting a friend. That will help you be comfortable and operate from your true self, rather than putting on a front. Do not be overly friendly but be interested in what they have to say, and let them do most of the talking.
2. Body language says a great deal. Learn more about body language. Crossing your arms or your legs would mean that you are closed to the person or situation. Look people in the eyes when speaking, but do not come across as staring at them. Looking them in the eyes shows you have nothing to hide and are not avoiding them. As vampires always look people in the eyes, it is your means of power.
3. Be positive. No one likes to be around a negative person. Do not be pessimistic, on the opposite end, do not come across with a too positive, Pollyanna attitude. Being positive and happy makes you an attractive person, it endears you to other people, and is also energy taking.
4. Work on good posture. Keep your body posture straight, do not slump. This will help you look more powerful, creating a good impression, and get what you want.
5. Help people if they deserve it when you possibly can. Do they not know how to do something you do? They would appreciate your help. However, do not take on too many tasks at the same time and know when to say “no”. Helping people helps you feel good about yourself, building your sense of power and worth. And certainly others feel good about you when you help and were not expected to.

### **Our Personal Magnetism Self-Program**

- Increase Your Popularity among Vampires and others
- Attract People, Things and Circumstances That Build You Up as for better feeding
- Protect Yourself From People Who Sap Away Your Energy

- Boost Self-Confidence
- Build Personal and Vampiric Networks
- Manage Situations
- Move Toward Success in All Areas of Your Vampiric Life

## **Important Instructions in Personal Magnetism**

Personal Magnetism is the individual expression of a subtle irresistible and dynamic *Force* in man, which enables him to exert an unusual influence upon others. You all have come into contact with men and women of this type. They are endowed with marvellous, almost miraculous powers of influencing, persuading, attracting, fascinating, ruling and bending to their own Will-Force men of widely varying mental peculiarities and temperaments. Men actually go out of their way to please them. They attract others without any visible effort and others feel drawn to them in spite of themselves. Various are the examples of such power as afforded by history.

Magnetism is conducive to health, but the beginning of any new exercises inevitably lead to a slight muscle strain and nerve. Therefore, if you are not completely healthy, just wait to pursue with the magnetic culture until you are in better health. Once you have started with our method, do not stop, even if one day you feel sick or depressed: it is better to reduce the number of exercises or time, in spite of let a day pass. Even if your time is very limited, try to magnetize at least a little every day. Women during their monthly pains should not magnetise. While it is recommendable to go over the sixteen exercises everyday which may take 15 to 30 minutes, it is possible to adapt the method at your own pace and convenience.-Everyone can organise himself as it is best suitable to him or her, and with doses if preferred. While it is strongly recommendable to take the whole set of sixteen exercises once every day, one is free to split it up, half in the morning, and half at night. The best time for the exercises would be one hour before going to bed (leaving thirty to forty-five minutes between end of exercises and sleep-time.)

In principle, each exercise should be no longer than one minute. Do not adopt the two minutes duration unless after three months of training. However, some exercises can be extended if you have time. We will indicate which ones. From the very beginning of this work, even at reduced doses, one sees results. After one month, you feel quite well about it; and, after three months you have already a strong influence on others. After six months, you already see plainly the results. After one year you can consider your results for granted. However, it is recommendable to overdo the exercises once a week, to keep yourself well in shape.

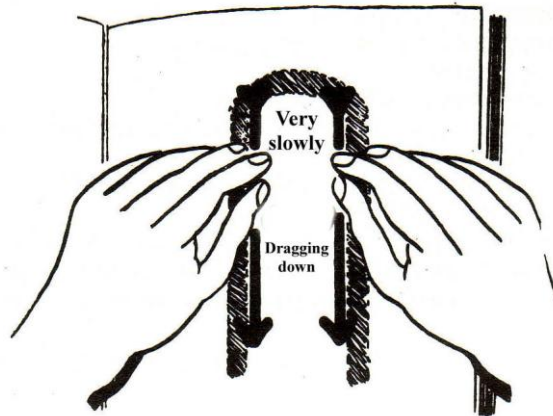
## Learning Personal Magnetism in One Year

This is an everyday programme taking 15 to 30 minutes of your time. Your persistence in the work will already be visible after three, six and twelve months.

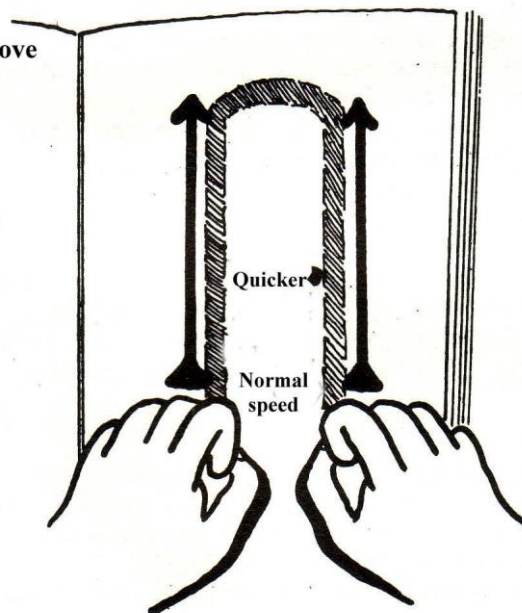
### How to proceed?

You hold both hands about three centimetres apart from each other, fingers together and forming a tip to the drawing about one centimetre above it. The hands being held in this position, you slowly drag from the top to the bottom of the drawing. Arrived at the bottom, you close your hands slightly and you go up a little faster to the top of the drawing. Returned at the top of the drawing, you start all over again, so on, and forth. This is called "making magnetic passes."

#### First move



#### Second move





In other words, the passes are done:

- From the top to the bottom of the drawing;
- With open hand;
- Hollow-hand over the drawing;
- Fingers close together and "pointed ", about one centimetre above the drawing;
- With the hands about three centimetres spread from each other.
- Moving very slow and shuffling;
- When you get to the bottom, you close your hands slightly, to climb a little faster to the top of the drawing, where you reopen the hands and repeat.

Never speed up the movement of passes, make them always very slowly. If one day you have less time, reduce the duration of the exercises or the number of the sixteen exercises. However, make always slow and dragging passes.

It does not mean making a certain number of passes, but to make them very slowly at a certain length of time, to be reduced at will.

Only the up-going hands may move with the normal speed of your movements...

If you can stand up for these exercises while your e-book or document remains flat on the table or desk. If you cannot stand up, spread the manual on your lap. Make sure you are comfortable this way. During the exercises, elbows may remain touching the body.. The main thing is that you are at ease.

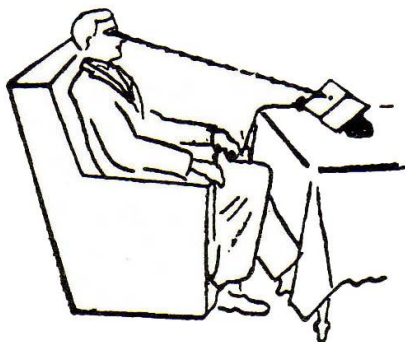
### **Sight Exercises**

For exercises panel nos. 4, 12 and 16, sit comfortably on a chair, the manuscript on the table in front of you, against an object or a book to stand at about 45 degrees. All you have to do is to fix your attention on the subject of your exercise. (See further illustration).

### **Autosuggestion Exercises**

You practice exercise as on panel no. 8 the same way as previous sight exercises, standing in the same position as well. You now, simply repeat a formula automatically as listed on the page of the exercise, and looking firmly at the centre of the drawing, which is the reversed pentagram.

## Way of sitting for autosuggestion exercises



## Exercise of Insufflations



Position shown for voice training. You pronounce "VH" from soft to hard slowly, while expiring. Inhale, and start again. The exercise develops magnetic breathing, making your voice more powerful. Useful for shouting help when attacked. It helped the author a few times. It makes the enemy run away.

This exercise develops the magnetic breath and expands the scope of the voice. It helps amplifying your voice when you need to use it as such. Every time I was attacked nearby I live, shouting loud helped me greatly, causing the attackers running away, totally upset. This does not mean, I had no bruises. I remember one of them stumbling backward.

## Mental Orientation

During the exercises, you will have to give up anything resembling to "concentration of thought."

The intention is not “concentration”, also you do not have to make any effort at all. You must not wrinkle your eyebrows. Your look should be gentle, and threatening. We must remain flexible, natural and relaxed. Your thinking should simply be effortlessly directed toward the goal of the exercise. This purpose is shown under "Mental Orientation" at the end of each exercise description. The purpose is only to “think”; therefore, you should not talk during the exercises.

These are not formulas to be repeated, it is a state of mind to acquire (exercise 8 is only a repetition of a formula for autosuggestion).

The work you will be doing has nothing to do with the will. Rather, it is the desire, the intent, and the aspiration that is important in these exercises.

### **Practical information before starting**

Each exercise is accompanied with a text stating clearly:

- The nature of the exercise and its position repeated;
- The value of the exercise;
- How to bring it in practice (summary of previous instructions);
- The time you may spend at each exercise (minimum and maximum duration);
- Mental orientation to be observed; and sometimes mistakes to be avoided (as perhaps you may think of something better, here and or in other things, but remember that “better” is often the enemy of the good.)

## First Exercise: Magnetisation

Stand with manuscript flat on the table. The magnet is the universal symbol of magnetism. You magnetise with slow passes, and as such you enter into contact with the mainstream of universal magnetism, strengthening it, and participating in its power.

Magnetise the drawing with slow passes from top to bottom. Duration: minimum 1 minute, and maximum 2 minutes.

**Mental Orientation:** Be willing to saturate this drawing with your own magnetism. Imagine a fluid flowing through the tips of your fingers to impregnate this drawing.



## Second Exercise: Magnetisation

Stand with manuscript flat on the table. The solar disk, symbol of vitality and spirituality. Magnetise the drawing with slow passes from top to bottom. Duration: minimum 1 minute to maximum 2 minutes.

**Mental Orientation:** With this exercise you train yourself to radiate around the magnetism that comes from the source of earthly magnetism. In other words, what you radiate (spread out) around you; you automatically recuperate in and from the ambiance. It is a mistake to think that the magnetiser takes everything from himself, as he receives as much as he gives.

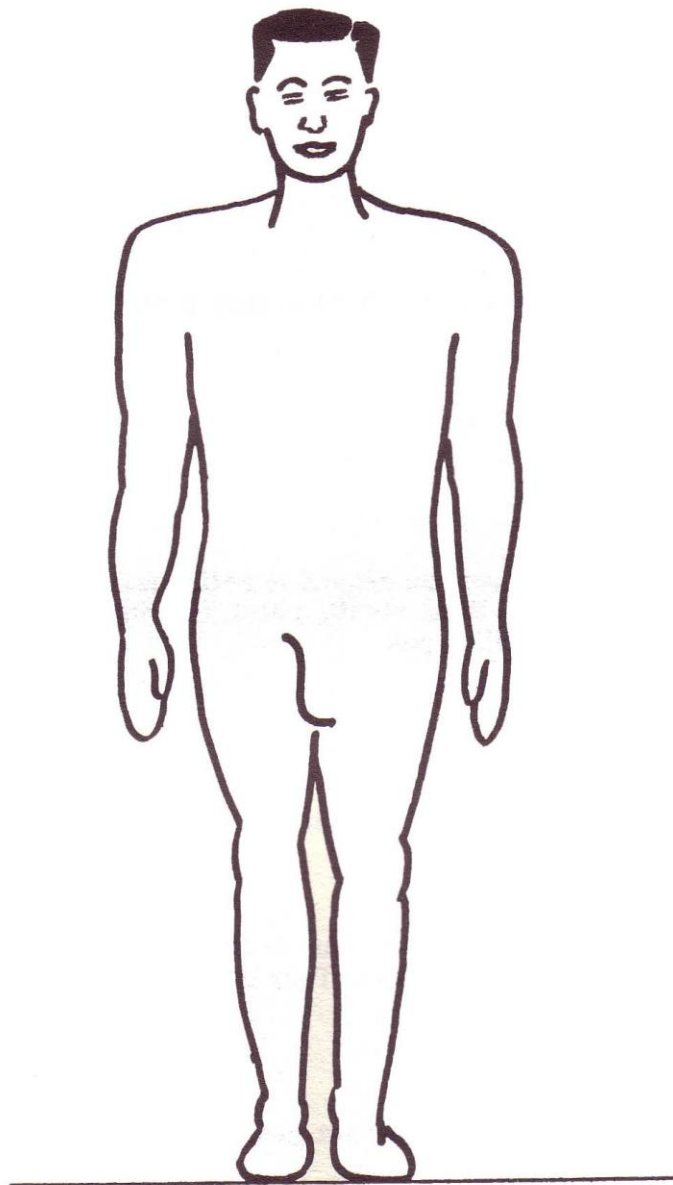


### Third Exercise: Magnetisation

Stand with manuscript flat on the table. Man is the generator of magnetism. Magnetise the drawing with slow and dragging passes from top to bottom (from head to feet). Duration: minimum 1 minute, average 2 minutes and maximum 5 minutes.

**Mental Orientation:** The exercise will eventually lead you to influence others through your sole presence, and without doing anything spectacular.

**Mistake to be avoided:** Above all, have nobody in mind. Your influence must reach the crowd.



### **Fourth Exercise: Gazing Culture**

Stand with manuscript flat on the table. The Magnetic Gazing should be soft, smiling, loving as a source of powerful influence. Fix the gazing calmly towards the small empty disc (located between two black dots). Smile. Do not close your eyes, do not flicker. Duration: minimum 1 minute and maximum 2 minutes.

**Mental Orientation:** You train yourself to gain sympathy and trust. Everyone will love you soon.

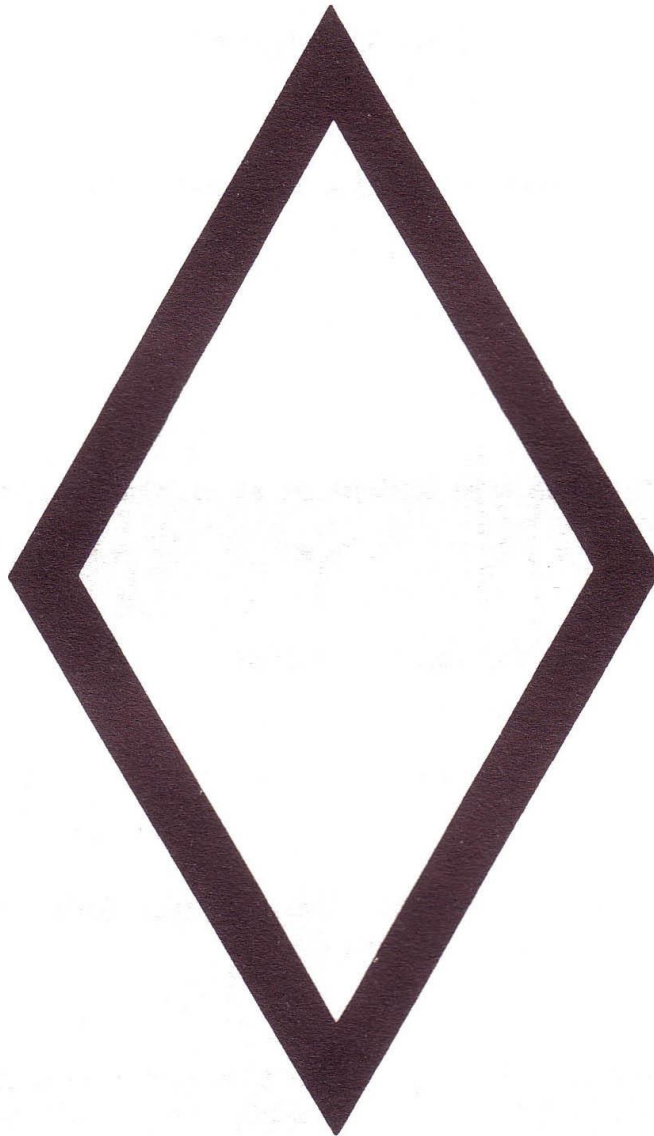
**Mistake to be avoided:** Do not look angry on the contrary, smile!



### **Fifth Exercise: Magnetisation**

Stand with manuscript flat on the table. The Diamond, the symbol of changing forces and their duality: "What is above is like what is below, to accomplish the miracle of unity ". Magnetise with slow and dragging passes from top to bottom of drawing. Duration: minimum 1 minute, maximum 2 minutes.

**Mental Orientation:** Imagine a dense fluid flowing through the tips of your fingers to impregnate the drawing. So you participate in the exchanges of forces that are constantly evolving in the Cosmos.



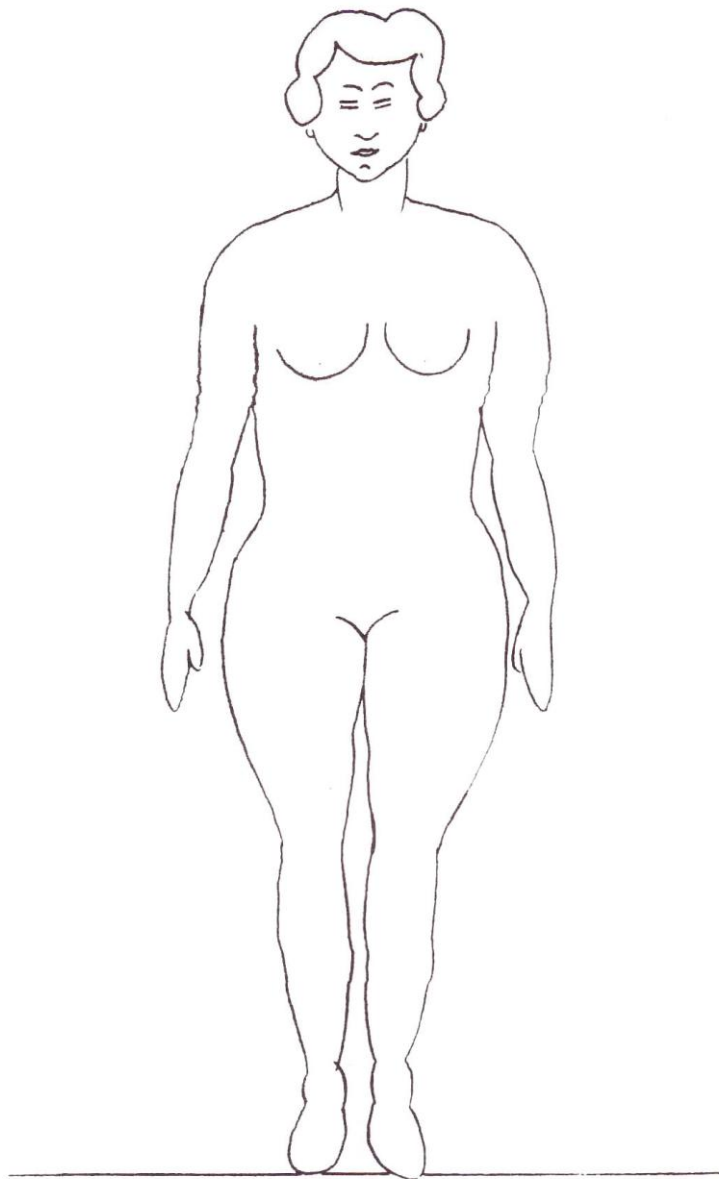


### **Sixth Exercise: Magnetisation**

Stand with manuscript flat on the table. Women, source of magnetism as powerful as men. Magnetise very slowly, dragging from head to feet. Duration: minimum 1 minute, middling 3 minutes, and maximum 5 minutes.

**Mental Orientation:** The desire to completely and undetermined magnetise a woman.

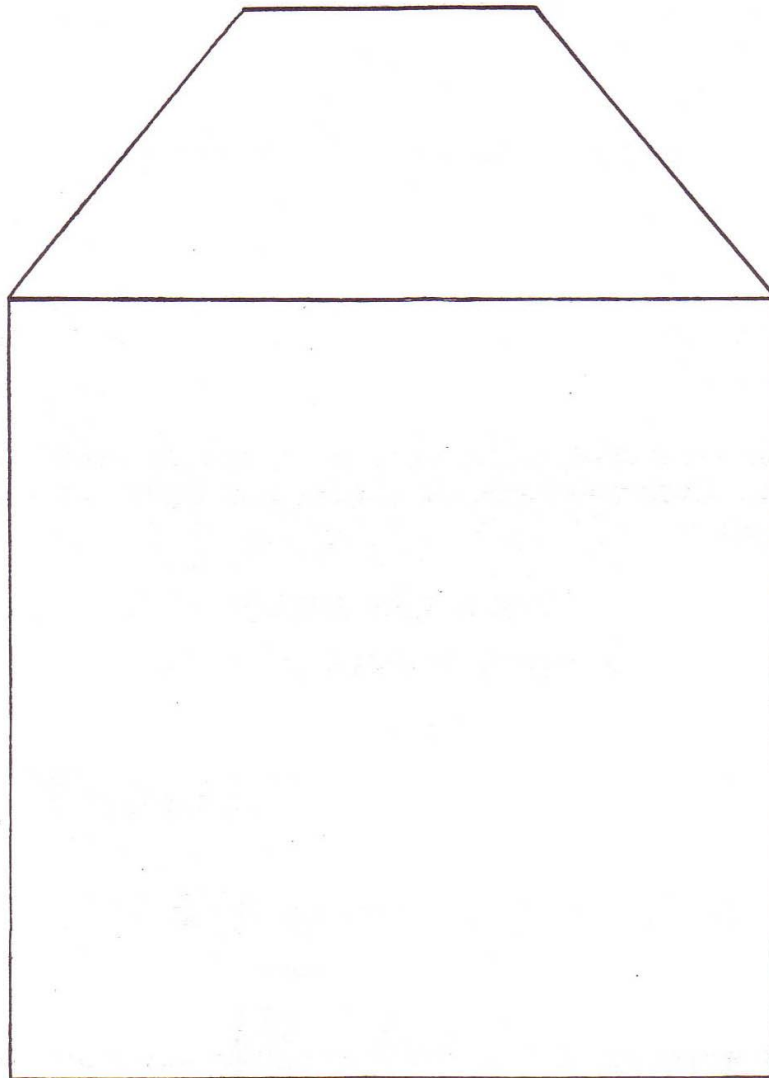
Mistakes to be avoided: Avoid thinking about a particular person. Your action must reach the crowd. Do not try to replace our drawings with persons. Our drawings suffice.



### Seventh Exercise: Magnetisation

Stand with manuscript flat on the table. The Cubic Stone, symbol of realisation as to your various aspirations, achievement of goals and performances. Magnetise from top to bottom dragging and with slow passes Duration: minimum 1 minute, maximum 2 minutes.

**Mental Orientation:** The development of your magnetism secures the success of all your projects. Your actions, your words, your movements, your thoughts, your where abouts, all convey a stronger fluid, and an increased magnetic power.



### **Eighth Exercise: Autosuggestion**

Sit with manuscript in front of you at 45 degrees. The Star or Reversed Pentagram, is a flamboyant star of all kind of initiations, symbolising the balance, harmony, and the highest human ideal. Viewing calmly the centre of the pentagram, repeat mechanically the verse under the star. Duration: minimum 1 minute, maximum 5 minutes. Say, “Everyday, as Vampire in every matter, I feel myself better and better.”

**Mental Orientation:** You automatically draw from external forces, taking them in, and absorbing them. As such we feed ourselves from external sources. And, much more you become stronger and stronger, magnetically as well. Your potentiality increases unceasingly towards becoming an outstanding Vampire.



**Everyday,  
as vampire  
in every matter,  
I feel myself  
better and better**

### **Ninth Exercise: Magnetisation**

Stand with manuscript flat on the table. Magnetic water, symbol of magnetic fluid accumulating forces. Magnetise the drawing from the top of the bottle to its very bottom, with slow and dragging passes. Do it extremely gently. Duration: minimum 1 minute, and maximum 2 minutes.

**Mental Orientation:** your fluid flows from the extremities of your fingers, and focuses itself in the drawing.

**Mistakes to be avoided:** Please, do not replace the drawing with a bottle of water. Use only the drawing.



### **Tenth Exercise: Magnetisation**

Stand with manuscript flat on the table. The propagation of the radiations approaches nearer and nearer, and provokes a resonance which in the invisible world is unquenchable. Magnetise with slow and dragging passes from top to bottom. Duration: minimum 1 minute, maximum 2 minutes.

**Mental Orientation:** Your magnetism is spreading very far. Its radiation conducted through your imagination reaches absolutely everything, whatever the distance may be. As such, you stay more flexible, spending less effort in the fulfilment your realisations.



### **Eleventh Exercise: The Projection of Breath**

Stand with hands on hips. The breath, (the word) is charged with power. The breath has always been considered as the propagator of life. Standing up, with hands on hips, with your lips as to pronounce “OU”. Exhale regularly, slowly but deeply while doing “VH”. It has no sound vowel.-However, you will soon hear its proper sound coming from the column of air, a deep noise that is amplified by its vibration. When you have to breathe in again, close your mouth, and inhale slowly, regularly and deeply through the nose. After, open your mouth, and start again pronouncing “VH”, disposing your lips as you would make a “OU” (for mould). Duration: minimum 1 minute, maximum 3 minutes.

**Mental Orientation:** The word is charged with power.

**Mistakes to be avoided:** Do not force the breathing capacity, do not exhaust yourself unnecessarily.



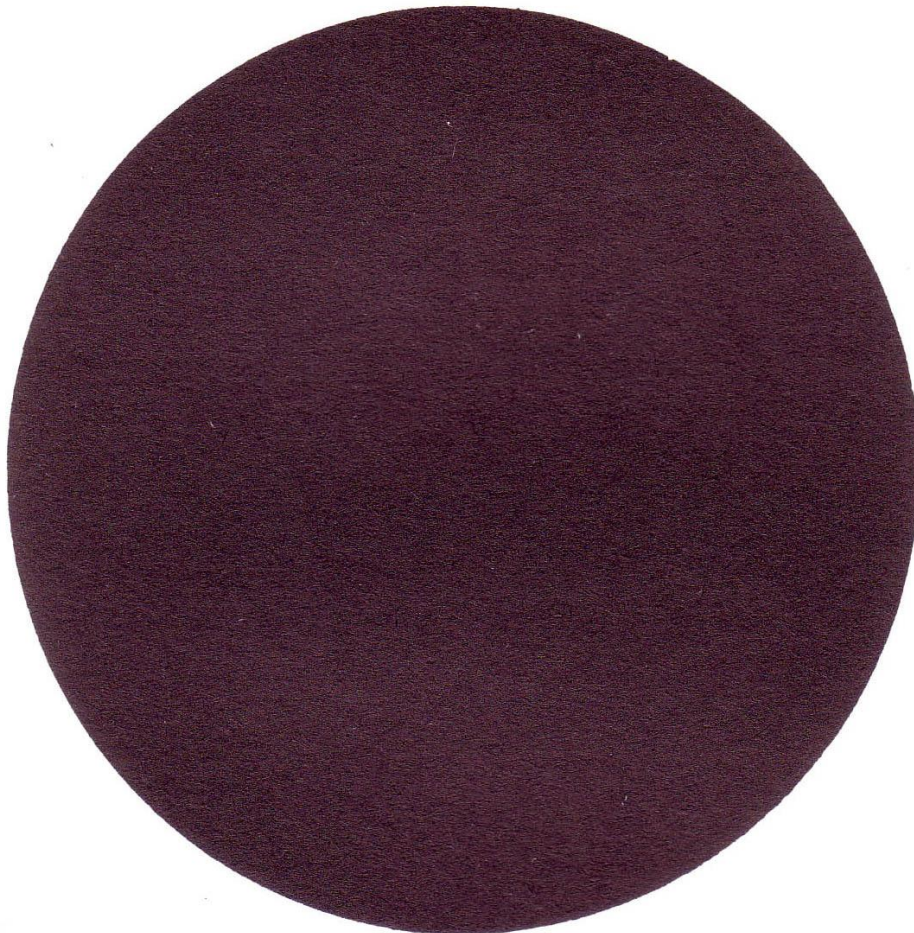
**This exercise,  
apart from its magnetic value,  
extends the reach of voice  
and improves the tone.  
A great defence weapon  
when attacked.**

## **Twelfth Exercise: Culture of Sight**

Sit, with manuscript in front of you at 45 degrees. The black disc is the simplest magick mirror you can imagine, the symbol of the invisible with the deepest life it animates. Look to the black disc with great tenderness and smiling. Open your eyes more than usual, without opening them too wide. Do not flicker. Duration: minimum 1 minute, maximum 2 minutes.

**Mental Orientation:** Your look fascinates.

**Mistakes to be avoided:** Do not look terrible, but remain smiling and totally relaxed.

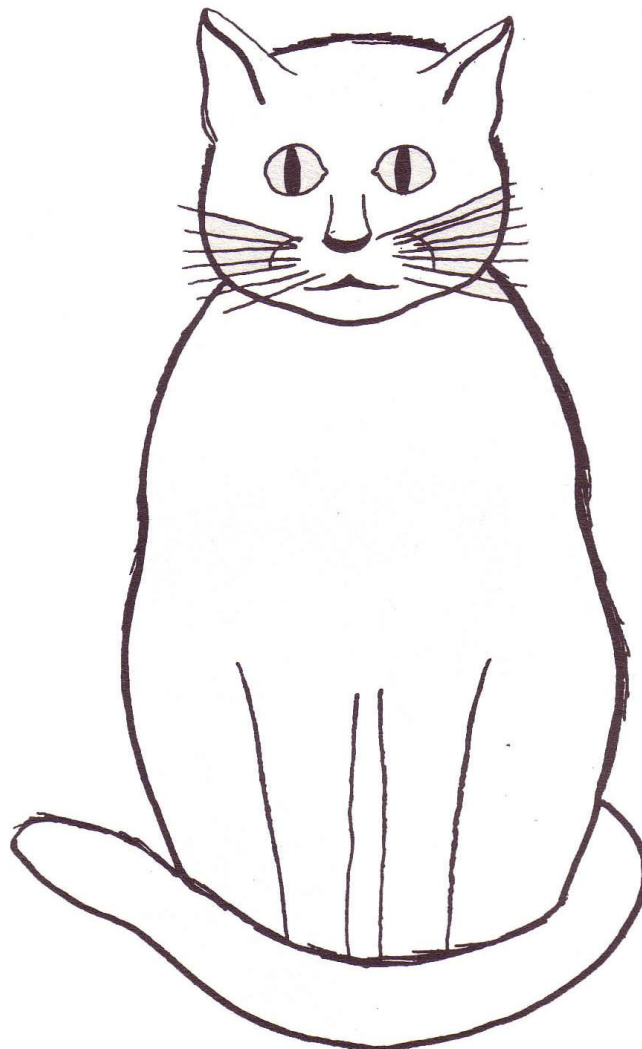


### Thirteenth Exercise: Magnetisation

Stand with manuscript flat on the table.-The cat endowed with strong vitality, natural source of electricity, a symbol which makes the animal's presence felt. Magnetise the drawing from top to bottom with slow and dragging passes. Duration: minimum 1 minute, and maximum 3 minutes.

**Mental Orientation:** Desire that your influence extends towards animals and to everything that exists.

Mistakes to be avoided: If you have a chat, do not take it as subject, leave it alone. Your drawing suffices.





### **Fourteenth Exercise: Magnetisation**

Stand with manuscript flat on the table. The tree, symbol of strength at rest, the link between the Earth and its atmosphere, the force accumulator. Magnetise the drawing from top to bottom, with slow and dragging passes. Duration: minimum 1 minute, and maximum 3 minutes.

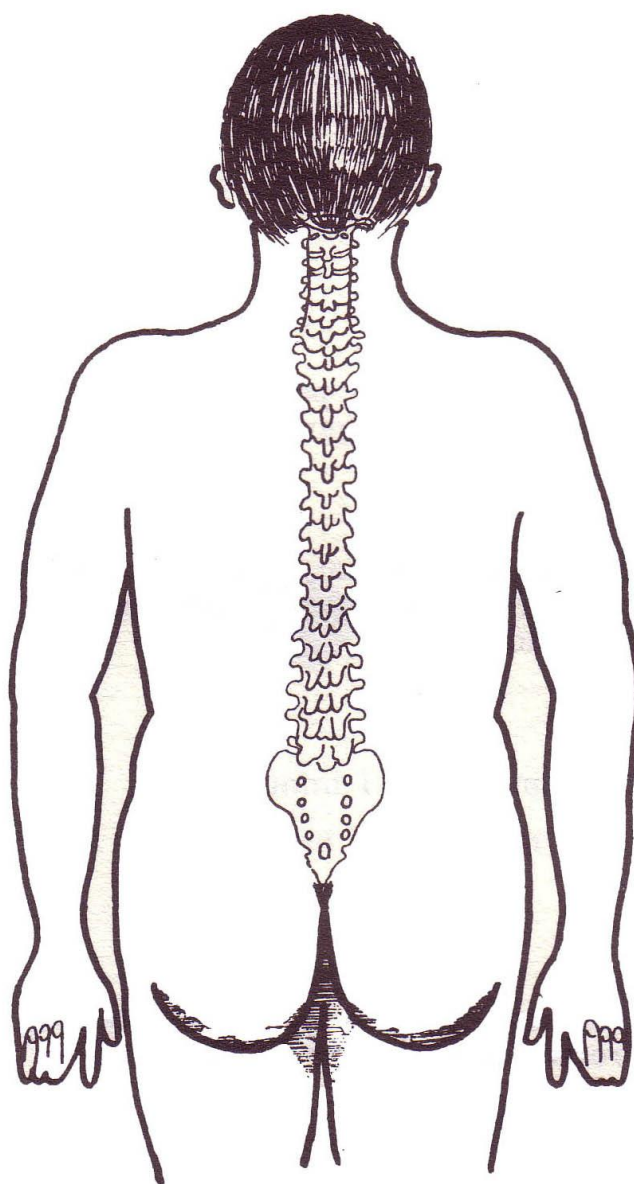
**Mental Orientation:** Consider well that the fluid flows through the tip of your fingers and charges the drawing.



### **Fifteenth Exercise: Magnetisation**

Stand with manuscript flat on the table. The spine, seat of unconscious life and nervous forces, governing the organs of the human body. Magnetise from the top of the head to the bottom of the drawing, with slow and dragging passes. Duration: minimum 1 minute, and maximum 3 minutes.

**Mental Orientation:** Your magnetism influences unconsciously the world. Through your sole presence, you are doing good to people. Conclusion: They are looking for you.



### **Sixteenth Exercise: The Culture of Sight**

Sit, with manuscript in front of you at 45 degrees. The target, recommended by all psychics and occultists to develop the charms of sight (the way one looks). Look calmly and smoothly, without blinking the eyes, and closing the eyelids, focusing on the black circle. Keep smiling and relaxed. Duration: minimum 1 minute, and maximum 3 minutes.

**Mental Orientation:** Think that the magnetic force escape also from you through your sight, influencing deeply all those around you and farther off.

**Mistakes to be avoided:** Do not wrinkle the eyebrows, and do not look hard and terrible. Stay flexible and smiling.



## Other Useful Exercises

### Preliminary Comments

Once you have trained yourself in above exercises experiencing result, you can continue the following experiments.

The first requisite of concentrating is the ability to shut out outside thoughts, sights and sounds; to conquer inattention; to obtain perfect control over the body and mind. The body must be brought under the control of the mind; the mind under the direct control of Will-Power. The Will-Power is strong enough, but the mind needs strengthening by being brought under the direct influence of the will. The mind, strengthened by the impulse of the will, becomes a much more powerful projector of thought vibrations than otherwise and the vibrations have much greater force and effect.”

The first four exercises are meant to train the mind to readily obey the commands of the mind. Take them in the privacy of your own room and never talk of them to others. Also do not let their apparent simplicity lead you to neglect them. If you are one of those empty-brained men who go about talking of their exercises hoping in this way to win praise, you will never succeed. Be serious, earnest and sincere in your work. Give up, once forever, all fickle-mindedness and learn to accumulate Power in silence and through work.

Secrecy is important though you can share your magickal work with other vampires, teachers and like-minded at the left-hand path, because they will not detract from your energy. If you lack such a community, a “Book of Shadows” is an excellent way to share your experiences without talking to those who would not understand, overwhelmed by their own traditional, worn-out religion.

### Exercise 1

Sit still; relax your body all over and then neck, chest, and head held in a straight line; legs crossed one under the other and weight of the body resting easily upon the ribs; right hand on right leg, left hand on left leg, in the normal way of sitting with back straight. There should not be a single movement of the muscles in any part of the body. Mind, you must avoid all rigidity and tension of the body. There should not be the least strain on muscles. You should be able to “relax” completely. Start with 5 minutes. Continue till you can accomplish the 5 minutes sitting without any conscious effort, increase to 15 minutes which is about all you need.

The aim is to give you absolute dominion over all involuntary muscular movements. It is also an ideal “rest-cure” after fatiguing physical and mental exercise or exertion. The principal thing is “STILLNESS” and you can, if you like, practice it even sitting on a chair or anywhere else; the idea is one of “relaxation” and physical and mental quietude. Let not the apparent simplicity of this exercise deceive you. It is not so very easy after all. You will find that by concentrating the mind upon a particular train of thoughts or ideas or by joining the mind to the Larger Self, you can easily lose all idea of the body and thus maintain this stillness for a considerable length of time. Genius, inspiration and intuition are more or less the scientific and psychological results of self-forgetfulness.

## **Exercise 2**

Cultivate a self-poised attitude and demeanour in your everyday life. Avoid a tense, strained, nervous, fidgety manner and an over-anxious appearance. Be easy, self-possessed and dignified in your bearing. Be courteous, thoughtful and quiet. Mental exercise and Will-Power Culture will enable you to acquire the proper carriage and demeanour. Stop swinging your feet and moving your hands or rocking yourself backwards in your chair while talking or sitting. Stop biting your nails, chewing your moustaches, rolling your tongue in your mouth or any other unnecessary movement such as may have become “second nature” with you while studying, reading or writing. Never twitch or jerk your body. Never wink your eyes or look blank. Train yourself to stand sudden and loud noises with equanimity and composure. Such things betray lack of control. Do not let anything outside (or even within you) disturb your composure. When engaged in conversation let your speech be calm and measured and your voice well-controlled and even. A certain degree of reserve should always be observed. In short, keep yourself well under control on all occasions. You can acquire this poise by always carrying the thoughts of “Firmness,” “Self-Control”, and “Self-Respect” in your mind and letting these express themselves in your outward bearing. Avoid bluster, self-assertion, gossip, levity or light talk, too much laughter, excitement and so forth. Too much laughter weakens the will. Be a quiet, earnest-thinking being. Be serious. Regard “solitude” as the greatest medium of self-development.

## **Exercise 3**

Fill a wine glass full of water and taking the glass between the fingers, extend arm directly in front of you. Fix your eyes upon the glass and endeavour to hold your arm so steady that no quiver will be noticeable. Commence with one

minute exercise and increase until the 5 minutes limit is reached. Alternate right and left arms. Increase to 15 minutes.

#### **Exercise 4**

Sit erect in your chair, with your head up, chin out and shoulders back. Raise your right arm until it is level with your shoulders, pointing to the right. Turn your head and fix your gaze on your hand and hold the arm perfectly steady for one minute. Repeat with left arm. Increase the time gradually to 5 minutes. The palms of the hands should be turned downwards.

**The following exercises are meant to aid you in getting under control; such mental faculties will produce voluntary movements.**

#### **Exercise 5**

Sit in front of a table, placing your hands upon the table, the fists clinched and lying with the back of the hand upon the table, the thumb being doubled over the fingers. Fix your gaze upon the fist for awhile and then slowly extend the thumb, keeping your whole attention fixed upon the act, just as if it was of the greatest importance. Then slowly extend your first finger, then your second and so on, until they are all open and extended. Then reverse the process, closing first the little finger and continuing the closing until the fist is again in its original position, with the thumb closed over the fingers. Repeat with left hand. Continue this exercise 5 times at a sitting, then increase to 10 times. Do not forget to keep your attention closely fixed upon the finger movements. That is the main point.

#### **Exercise 6**

Place the fingers of one hand between the fingers of the other, leaving the thumbs free. Then slowly twirl the thumbs one over the other, with a circular motion. Be sure to keep the attention firmly fixed upon the end of the thumbs.

#### **Exercise 7**

Forty-eight hours after the Full Moon in each month, go by yourself into a darkened chamber and quietly concentrate your mind upon one thing. Do this as long as possible without allowing other thoughts to enter your mind. At first you will find that your thoughts will fly from one thing to another and it will be hard for you to accomplish this, but by continued practice you will be able to think of one thing for a long time. This should be continued for 5 nights in succession and one hour each night.

### **Exercise 8**

Go out into the open air each evening when the sky is clear and see how many stars you can count without allowing any other thoughts to enter your mind. The more stars you can count without thinking of anything the greater the degree of development produced. Quite an interesting exercise.

### **Exercise 9**

Take 12 ordinary stones. Place them in your left hand. Then with your right hand pick up one stone, hold it at arm's length and concentrate your mind thereupon without allowing other thoughts for full 60 seconds. So with all the stones. Then start picking up with left hand. Do this for one hour daily if you can. One must truly work at himself at whatever cost to develop psychic and vampiric energy.

### **Exercise 10**

Concentrate your mind determinedly upon someone at a distance without allowing other thoughts. Will that he or she do get strong, healthy and psychic strong. Get up a mental picture of your subject as if sitting before you. Then give earnest, positive, forceful suggestions to his sub-conscious mind. Will that he get into sympathy with you, write you on the subject and earnestly co-operate with you in his spiritual regeneration. Do it calmly and earnestly.

### **Exercise 11**

Get some moistened sand spread over the surface about a yard square. Make it perfectly smooth. Then with your index finger draw any characters or pictures in the sand. For instance, a square, a triangle or any other figure. Fasten your gaze upon this figure. Concentrate your mind calmly thereupon and will that the thought-form so created by your concentration be transmitted to someone (whom you know to be sensitive to your will). Do this for 15 minutes daily at the same time till your subject gets the impression. Ask him to sit relaxed at the same time in the *silence* in a receptive mental attitude. Face the direction, North, South, East or West in which you send your thought. Imagine a psychic wire connecting you with your subject and aim straight. Remember, the Will-Power is represented in symbology by a straight line because it goes straight to its mark.

### **Exercise 12**

Every night before retiring, concentrate upon your passive mind:

“When I get up in morning, my Will-power and Thought-Force will have increased. I expect you to bring about a thorough change in my Will-Force. It will gain in vigour, resolution, firmness and confidence. It must grow strong, strong, strong.”

Project these positive suggestions into your subjective self earnestly, confidently and concentrated. You will progress quickly by leaps and bounds. Every morning shall find you stronger and full of vim, sap and energy. Persevere, persevere. In following up such ideals to a successful conclusion you must have an (1) overpowering desire; (2) a strong belief in your ability to accomplish anything; (3) an invincible determination not a backboneless “I will try to”; (4) earnest expectation. This is an important and an infallible method in Will-development.

### **Exercise 13**

Go by yourself into a room where you will not be disturbed. At the beginning “relax” all over. Then count from one to ten without allowing any other thoughts. As soon as you accomplish this, your mind is in a receptive state. Concentrate as before and order your sub-conscious self to evolve a strong, infallible memory. Form your own auto-suggestions.

### **Exercise 14**

Pick out half a dozen unfamiliar faces. Vividly impress them upon your subjective mind. Then recall them at least once each day for full one year, each day impressing at least one more new face. Should you find you are forgetting any of your older faces, do not add new ones but firmly fix the other old faces in your mind through concentration. This is a very interesting exercise. Memory belongs to the sub-conscious mind, remember.

### **Exercise 15**

Concentrate the mind on a paragraph in some mysteries book and commit to memory. Learn by heart one paragraph daily taking care not to forget the old ones. In time, you will improve wonderfully. Books suggestion: “The Asetian Bible (Kemetic Order of Aset Ka), Asetian Mysteries, Vampiric Magick and Predatory Spirituality, by Luis Marques. Akhharu, Vampiric Magick, the Extended Vampire Gate, by Michael W. Ford. (All obtainable at Amazon)



## Exercise 16

People with weak memories always lack concentrative ability. Concentration is the key to all mind-power. You will find the above exercises quite “tedious” and monotonous. But you can train your ‘attention’ only by giving it trivial and “dry” exercises. The strong will can cope with the most “monotonous” and uninteresting tasks without experiencing fatigue. You must set yourself such tasks as might seem like ‘work’ to your attention. Remember, the effort required to concentrate attention voluntarily on uninteresting, dry and monotonous works strengthens and develops Will-Power and gives you “mental muscle.” You will thereby acquire firm control over mind and body and be “Master” over your higher and lower impulses to full satisfaction. Power over self will express outwardly as power over others. If you can control yourself, you will find no difficulty in impressing your will on others. But, mark you, this “mystery” power should be used only to elevate, stimulate and strengthen yourself and the vampiric others. Try your Will-Power upon your personality in all possible ways and be satisfied with nothing short of perfect control. The absolute mastery of ‘self’ ought to be your aim. I have given you the real secrets. You must exercise your own ingenuity and intelligence in utilising them towards your Self-development. I leave you to finish the fight for yourself. Get up and pursue in to work well-began and at your task from today and not tomorrow. Back of all efforts; always have this positive incentive and auto-suggestion:

**“THIS IS TO DEVELOP MY WILL-POWER AND NO TEMPORARY PAIN CAN EQUAL THE POWER AND HAPPINESS ARISING OUT OF SELF-CONTROL.”**

Get firm control over your emotions. Use this natural force but be not used by it. Control over speech will lead to Emotion-control. Always talk to the point. Cultivate silence. Repress volubility. Be brief in speech and writing. Keep a cool head. Be level-headed and concentrative.

## Vampiric Consciousness Power



Vampires do magick, as this is part of their lives. However, defining what magick really is can be much discussed, and is difficult. Even occult practioners disagree on the definition of magick because it is a personal art. Magick is much more than spells as a way of claiming power over someone else, of controlling and harming. This is a misunderstanding as defining right away that vampirism is a form of evil, as taught in the three Abrahamic religions. Although magick has been used with such intents, this is absolutely not the purpose of vampiric magick. Vampiric magick is learning to flow with the soul of the cosmos, seen and unseen.

Aleister Crowley defined magick as “the science and art of causing change in conformity with will-power.”

Magick in fact, is both an art and a science, with rules and structure. Vampires have no moral codes, but only conditions that allow magick to occur. And, as an art, magick has also a creative, individual component, as long as it conforms to “scientific laws of magick”.

“Causing transformation and change” is an important subject here. Vampires do not speculate, but making things to occur; and, the transformation created matches with the intention. Magick is learning to work with transformation or change if you prefer that word, with the forces that create it, shaping the outcome matching the vampire’s intention. “Bending and shaping” are two words to remember. The vampire is bending and shaping natural occurrences to fit his abyssal will.

During your transformation as vampire you need some training, as we all need to see the results of our endeavours in become that which we have been so much longing for. A vampire is working with energies all the time. Currently, most of our “evidence” of psychic energies comes from personal accounts rather than objective, scientific data. Every individual describes the experience in a unique

way, so we have often diverging opinions on the psychic energies. Different vampiric traditions, clans and families call these forces by different names, and a name has a specific cultural connotation.

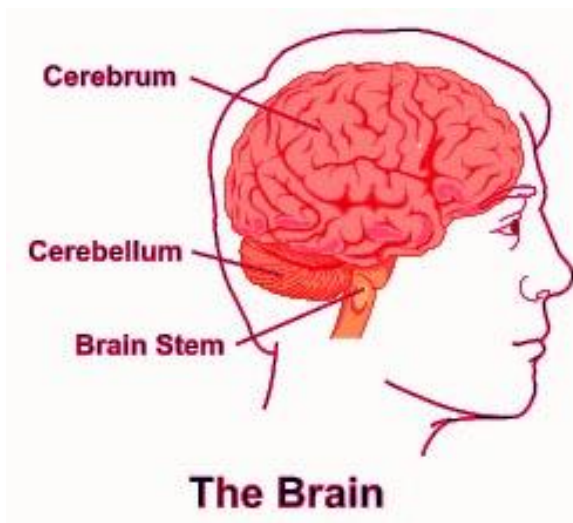
A vampire in his or her time of transformation needs methods to direct energies through will-power and intention. Methods of energy always involve altered consciousness, resulting from either a meditative practice or ritual. The reason why meditation and rituals, and tools, are so common in the vampiric traditions is because they serve the greater purpose of helping us direct our energy and intent.

If you observe well, strange things sometimes happen around you. You might make watches stop, electrical devices overload, computers go haywire, light bulbs burn out, alarm systems go off, or cars break down. When you are upset, people might have accidents around you, and usually you feel bad about that. You have no one to share your experiences and fears with. If you try, people laugh at you, or call you evil or harassed and bully you, telling you of the need for exorcism by a priest or preacher.

Meanwhile, you may have found forms of communion that helped ease your discomfort, such as certain natural settings, certain places, animals, weather phenomena, or controlled interactions with humans, as were performing on stage or teaching in classes. But you could not find anything that really described what life was like for you. Depending on what religion you were raised in, you might have thought of yourself as a freak, possibly "possessed" by something, or evil. You felt that you spent a lot of energy trying not to see and feel the "things" that were trying to get your attention. A lot of the time you thought, "if I could just get what I really need, it would be fine. I am in need of something and I am starving because I do not have what I want."

The psychic vampire is directly associated with practical metaphysics or occultism (esotericism) which is developed in the subconscious. The vampire who is obviously a magickian will always move forward in improving him or herself; and, the transformation over time will duly change the course and mode of state of being in power and psychic continuation.

## Brainwaves



Being a vampire in transformation means understanding the parts of oneself involved in your process. We tend to focus on our conscious mind as the director of our will-power running through our three minds, the conscious, the subconscious and the superconscious or collective consciousness as being the key to our dark magick. I have previously detailed this in other studies of mine.

Since I started in esotericism in the years sixty, one of the greatest things I learned, and stumbled has been the concept of brainwave entrainment, not found in the Alice Bailey books. It has profoundly accelerated my progress and has allowed me to quicken my pace in the direction of my meditations and dreams. This process played a large role in the future of consciousness training and awareness development. I hope that you can benefit from brainwave psychic development.

Our brain produces waves of currents that flow throughout its neural pathways. The type of brainwave is defined by the frequency at which it is pulsing, and the particular rate of pulsation determines our respective state of mind. There are four common types of brainwave patterns, but due to the complexity of our brains there are often several patterns interacting at one time. It is the predominance of one particular brainwave frequency that determines our state of mind. For example, if you are in a beta state, there may be trace levels of alpha and theta but they would be minimal compared to the dominating amount of beta present.

Our brains have a left and a right hemisphere. The left hemisphere is linear, logical, practical, and time orientated while the right hemisphere seems to be much more non-linear, abstract, creative, holistic, and non-logical. An accountant probably uses less of his right hemisphere than an artist would during the course of his workday. We tend to use one hemisphere at a time, or better said, we will favour particular hemispheres depending on what we are doing. If you are doing math you would be using more of your left side. If you are painting a picture, you would have more right hemispheric activity. Obviously, it is not that simple since both hemispheres are constantly interacting and both can be in use at the same time.

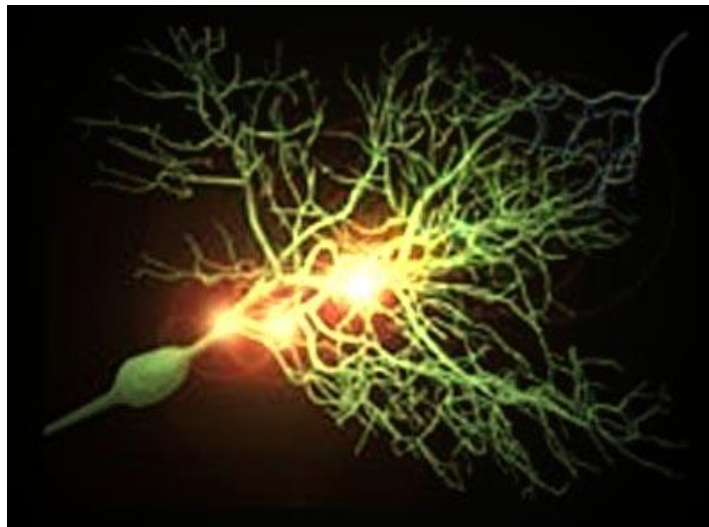
These hemispheres are connected by the “corpus callosum”. It serves as a conduit or a bridge between both sides. This bridge can literally be exercised and strengthened until it is physically larger and more capable of transmitting data, thoughts and feedback between hemispheres. By merging both hemispheres and allowing them to work together we can increase our mental fitness. It is basically like having a faster modem working at faster speeds. A more integrated system creates better performance.

Below is a simple chart containing the five common types of brainwave frequencies along with their characteristic features and associated mental states. The frequencies are measures in hertz (Hz) which is roughly translated as beats per second or cycles per second.

( Example: A brainwave monitored as pulsing 20 times per second would be a beta wave since the Beta range is between 13 to 30 Hz)

## **Brainwave Range: Correspondence Mental State**

*(....excluding those ranges higher than beta such as gamma)*



**BETA** waves 13 to 30 Hz the fastest waves, most commonly found during our waking state, associated with outward awareness, engaged mind, arousal, actively perceiving and evaluating forms of data through the senses; also present with fear, anger, worry, hunger, and surprise. Mainly observed among adults. Concentrated mental work.

**ALPHA** waves 7 to 13 Hz associated with non-drowsy but relaxed, tranquil state of consciousness, less engagement and arousal, pleasant

inward awareness, body/mind integration, present during meditation and states of relaxation. Mainly observed among children and adults. State of relaxed alertness.

**THETA** waves 3.5 to 7 Hz associated with increased recall, creativity, imagery and visualization, free-flowing thought, future planning, inspiration, drowsiness, present during dreaming and REM states. Mainly observed during dreaming sleep, and in children between 3 to 6 years. Episodic information passing from one area of brain to another – from hippocampus to more permanent storage in cortex.

**DELTA** waves 0.5 to 3.5 Hz associated with deep dreamless sleep, deep trance state pituitary release of growth hormone, self-healing, present during deep levels of non-REM sleep (deep sleep or coma). Also very prevalent in infants' brain. Brain doing nothing.

**GAMMA waves c.40 Hz.** Conscious brain, either in the state of awakesness or during dreaming sleep. Credited by Singer and Gray with perpetual feature binding. **Waves c.200 Hz.** Laer discovered in hippocampus, but the function is so far unknown.

So all these brainwave states have been examined and charted to find the respective mind-states that are experienced when they are present. We are learning more and more about how these “states” can be summoned and harnessed to create mind-states that are conducive to expanded states of consciousness. For example, the best moments of creativity, occur mostly when theta waves are a majority. This is also when we are verging between waking and sleeping when we are in that Twilight Zone-like consciousness mindfully floating at the gateway of sleep.

This explains why we have such great ideas during this time period. It is noted in the history books that this is the time when many scientists and other great thinkers have had their flashes of insight. Einstein came up with the theory of relativity in this state, and likewise, one of the Watson and Crick pair visualized the double helix in this mind state successfully cracking the illusive architecture of DNA.

Time spent in this "border-zone" can be time well spent. Becoming aware of the process of falling asleep will enhance your lucid dreaming, and as mentioned, this hypnologic state is when creativity, problem-solving and imagery skills are easily accessible. All this information about brainwaves is a preamble to the matter of developing your brainwaves to specific frequencies. You can use the

process of development to create a “theta” state of mind or an alpha or delta or even combinations of multi-layered frequencies.

## **Development through Way of Life**

The scientific principle of development through training can be utilized to resonate, synchronize or tune your brain to specific frequencies. Brain development is pretty simple. If you have two tuning forks of the same pitch, if you strike one and hold it near the other one, they will both resonate at the same frequency. It also works with a piano. If you have two similarly tuned pianos in one room and strike a key, the stretched chord attached to the same key on the other piano will vibrate.

### **Here follows six paths towards greater vampiric intelligence and power**

It is useless to really waste your vampiric life on one path. Before one embarks on a path as will be further explained, there is a question one has to ask: Does this path have a heart (a feeling) for me? If the answer is “no”, you will then know, that you must choose another path. Path, way of life and doing things without adding feeling to it is not effective in vampiric work. Anyway, one has always to work hard for attainment. However, a path with heart (feeling) is easy.

By “path” it is meant finding one’s own deepest meaning and most profound integrity, acting from the deepest vampiric motivations and bringing this action to bear on the outsiders as friends, enemies, family, clan, community and even nation.

The vampiric path is my journey or yours through life, my relationships, my work, my black goals, my abyssal dreams, and how I live these things along our standards. To follow a path with vampiric intelligence and of feeling is to be deeply committed and dedicated.

Here, follows a basic map of seven personality vampiric types, each with its own associated deepest motivations, psychic energy, and so having access to the very centre of us. However, any one of us may be on more than one path at any one time.

# Moon Sphere

## Vampiric Path One of Duty

Personality type:	The conventional vampire
Motivation:	Belonging and security
Archetypes:	Confident and strength of will.
Metaphysical emphasis:	Own and inner divinity: “I am the Power, I am the Glory, I am another god.”
Myth and legends:	Archetypical God and Goddesses
Practice:	Giving energy on all levels
Chakra:	Base, root (security and order)

### To ponder on:

From the deeper and more vampiric intelligent perspective, I see that my conventional personality’s duty belongs to the “abyssal” of every night life, and that my ultimate clan or community is the community of all vampires. From this level, I do see that my vampiric group of three to six persons (two triangles brought together, making a “diamond” of changing forces), as one of the many groups of ours, that its rules are one of the many valid sets of rules among us, while my own customs and practices even nightly habits reflect those of others. The vampire escapes prejudices and dogmatism, protecting oneself against blindly following any religious group without any convincing foundation. Every action of mine is considered as vampiric, mystical or sacred. My chosen life belongs to my deepest intention, serving vampirism with awareness and commitment, because it is that which I truly love and value.

# Mercury Sphere

## Vampiric Path Two of Knowledge

Personality type:	Questioning and uncertain type
Motivation:	Resourcefulness
Archetypes:	Water, wrath and sexuality
Metaphysical emphasis:	Drives and emotions
Myth and legends:	Abyssal Cave
Practice:	Study and convincing experience
Chakra:	Solar plexus (fiery heat and light)



The path of knowledge, as explained in the Bhagavad Gita, discourse nine, sovereign knowledge and big secret (*see own translation*) or other writings, ranges from general understanding of practical problems through psychological quest for truth to the vampiric quest for knowledge of the Self, as each human being as well as the vampire is another god, whether aware or unaware of it. So, it is!

This is a path which begins with simple curiosity and every day, practical need, but as passion deepens, takes the vampire to the very limit of what our understanding, and even our being can contain.

In the early history of civilised humanity, knowledge and understanding were regarded as the special area of shamans and priests. Unfortunately, even as in many religions today in a lesser degree, near to us the Abrahamic Faiths, people take their advise and do what they are told, sometimes at the risk of their own lives in the name of the unproved God. Human beings as it were, through religion dwell deep within a cave, their bodies chained in place and their necks fettered so they can only look forward at the wall of the cave.

On the walls, those prisoners of man-made religion only see shadows of artificial things projected. The cave dwellers take these shadows to be reality itself, without asking the question, “is it real!” However through personal research they slowly achieve liberation from religious bondage. They climb towards the mouth of the cave and their eyes are at first dazzled by the light. However, only then, they learn to see in the real light, the dark light, the opposite light, knowing reality as it truly is, and not otherwise as brought forward through religion. In fact, the aim of Plato’s philosophy was to bring such realisation.

Vampiric knowledge and understanding are passionate things which cause us to engage deeply, sucking the world around, and as such feeding ourselves. The shadow form of the path of knowledge is the vampire who has forcibly retreated from all religious engagement, only preoccupied with the wide airy perspective of a bird of some kind or a vampire on a mountain top.

The vampiric natural progression towards higher psychic intelligence leads from reflection, through understanding to wisdom. The way to solve any problem, any attack, practical or intellectual, in a vampiric intelligent way is to place it in a still wider perspective from which it can be seen more definitely. The deepest perspective of all vampiric thought and action comes from the centre, his or her “I-ness”. Gaining this perspective begins with a process of simple reflection, moving over the day or project, focussing on where there are availabilities or even difficulties, and how all these have arisen or can be handled. Such a

reflection is a daily routine of the vampiric intelligent life. This leads to an understanding of how a vampiric situation can be safely improved.

All truly deep knowing is an engagement with the centre of our being, the another god: "I am a Vampire, the Power, the Glory, the other God." Deep vampiric knowledge, and that is science and occultism transform my very being and as such takes me through the trial of fire, which consumes all what I previously was as a human.

## Venus Sphere

### Vampiric Path Three of Fostering

Personality type:	Social vampirism
Motivation:	Intimacy and clan idealism
Archetypes:	Lilith, the Great Goddess and Mother of Vampires
Metaphysical emphasis:	Passion through mind and body
Myth and legends:	The Great Mother of Earth
Practice:	Fostering and protecting own clan
Chakra:	Sacral (sex, empathy and nurturing)

This path is about whatever passion, fostering, protecting own clan or community and making vampirism fertile. It is the path of the Goddess Lilith, whether she is the sexual Goddess or the mother goddess who is passionate to kill. She is the Mother of Earth by excellence, who grounds vampires giving us the bounty of her thirst. She is the eternal feminine archetype in many of its aspects though her inner being drives the deepest motivations ever of men as well as those of many women.

As with the other paths, there is a range of vampiric intelligent ways to walk the path of fostering. It comes forth in the shadow form as well as in love, passion and fostering, also in hate and revenge. For instance, passionate love can be patient and kind, but also tempestuous, bitter and destructive.

To become more vampiric intelligent on the path of abyssal fostering vampires must be more open to persons and people with whom vampires can benefit in receptivity. We need to suck energy. For that, we need openness, and being exposed to take some risks in order to meet our needs. We must be spontaneously ourselves.

- If I believe that I am vulnerable, I am vulnerable.
- If I believe that others can control and affect my energy, they can.

- It is not their strength; it is my weakness, and it comes from my beliefs about myself and my fears of others.
- If I know (know, not think; know, not believe) that I am powerful, I am. I am the Power, I am the Glory, I am another god.
- If I know that I, and only I, am in control of my energy, as “I am”. If I am truly earthed and centred and connected to the source, I know that I am powerful.
- Being powerful is marvellous - it makes us better able to help our kind as well as ourselves, and it makes us better healers if we are interested in that.
- "Power" is not bad or good, "psychic" is not bad or good, it is what I do with it that counts.
- The power to heal is the power to curse. It is what I do with it that counts.
- I cannot heal someone who is not ready for healing - although healing and other things I do might help them to become ready for transformation.
- I have no power over you, except what you give me, as for instance the energy I need.
- I am powerful within myself when I am earthed and centred. When I lose that, I tremble.
- When I tremble, I think about fear, about shielding, about protection, BUT, what I need is “earthing and centring and remembering my connection to the source”.
- When I am earthed, centred, and connected, I am energetically invulnerable.
- When I am starving, I suck energy, but not from everybody.

## **Sun Sphere**

### **Vampiric Path Four of Transformation**

Personality type:	Dark artistic abilities
Motivation: weaken psychic defenses	Passionate or causing paranoia in targets to
Archetypes: looks at them)	The moon goddesses and gods (the way one
Metaphysical emphasis:	Occultism, and psychology replacing religions
Myth and legends:	Sojourning in the Underworld
Practice:	Vampiric night work, draining energy

Chakra:  
love)

Heart (commitment in self-awareness and self-

The essence of the vampiric and psychological work facing those who walk the path of transformation is personal and transpersonal integration. It does mean that the vampire in his transformation time must also explore the heights and depths of him or herself and fuse the disparate parts of fragmented selves into an independent, whole and new personality. To this extent, this particular path is crucial to every vampire. For the artistic type the time of transformation and personal integration, most intelligently, takes the vampires necessarily into the sphere of transpersonal integration, finding lost or fragmented aspects of our deepest selves at levels well beyond the ego and the humans around us, drawing jars of water from the infinite well of the subtle.

The obvious metaphor is that of a permanent return to the Vampiric Underworld, into the sphere of the Shadow, and of death. Every night psychic vampires make this journey in out of body circumstances and nightmares, remembering well what happened.

The path of transformation is also the motivating energy of sexuality, or Freud's Life Instinct. Sexuality is about the creative attraction of opposites and non-opposites. Sexuality on the playground or in rituals is never "chaos". In Greek mythology, and in a way as well as in biblical mythology, first there was "Chaos", and then one of the earliest gods to be born was in Greece "Eros", and in the biblical Eden, Adam, Lilith and Eve, who respectively brought some order to the universe. Also art brings some order out of chaos.

To walk this path we must love the Dark, and we must not draw back wrestling with our true nature as vampires, and never be shy of the deep pain and the often life-threatening anger that it entails. The vampire could thrive because he or she is willing to look at aspects of the psyche, the vampiric culture or species that others would reject.

Vampires are demons of their own imagination, and move on through own capacity. All creativity happens at the edge of chaos and between:

The known and the unknown

The knowable and the unknowable

Meaning and meaninglessness

Certainty and confusion

Exhilaration and depression

Sanity and insanity

Joy and despondency

Resistance and temptation

Good and evil

Light and Darkness or Shadow

Life and death

Security and terror

Frenzy and control

Ecstasy and inertia

Passion (love) or loss

However, the list is endless.

The shadow of creativity is in a way destructiveness, as those who follow the vampiric path give themselves equally over with equal passion to self-destructive behaviour, and are driven to and seek out or create night monstrous forms. The night is very important even during sleep.

However, the new vampires as well as the older one's have the capacity to know and experience the extremes of light and darkness, or elation and despair. Fear or avoidance of conflicts is a turning away from vampiric intelligence; willingness to face and attempt to resolve conflicts is a turning towards it.

A willingness to remember and reflect on dreams, to engage in creative dialogue with oneself and others among vampires, to place one's head in the jaws of mythical and archetypical goddesses and gods, demons and monsters, these obviously leads to greater intelligence.

The more extreme the conflicts in fact, the more exotic the fantasies and dreams, the more it helps to be anchored in some aspect of vampiric reality. The most vampiric intelligent way of living of all journeys on this path is the journey to the "I-ness", as which instils power and realisation is the simple "I", and no more than this. Self-creation lies in the "I-ness".

"I am a vampire, therefore I feel better every day; I am the power, I am the glory, I am another god."

Indeed, vampirism is a journey of incredible terror requiring remarkable strength. The greatest overcoming and deepest of all conflicts is fear. Be fearless, as there is no fear whatever.

## **Mars Sphere**

### **The fifth Path of Vampiric Brotherhood**

Personality type:	Vampiric realism
Motivation:	The Words of the Serpent
Archetypes:	The Sword
Metaphysical emphasis:	Willing sacrifice for vampiric justice
Myth and legends:	Vampiric world soul (unity)
Practice:	Together on the battlefield
Chakra:	Throat (struggle against humans)

The vampiric task of those who walk this path is to make contact with that deeper realm which makes his or her “ego” selves, and deeply rooted in the subtle. The vampiric discipline that makes this possible is a fearless and uncompromising pursuit for vampiric psychic development. Vampirism requires an ability to see and accept positive and negative emotions, the successes and failures. Vampirism requires a sense of equality of all claims on me at some level, and a wise recognition that other vampires are different and that conflicts are real part of the dark part.

However, the first step towards greater vampiric intelligence for the realistic types must be the sense of dissatisfaction with the way humans and things are, which is boredom because of their narrow interests, as well as the loneliness from any lack of emotional contact outside the vampiric world, leading to frustration as to the inability to freely articulate thoughts and feelings. Indeed, vampirism is the ultimate path of transpersonal action, rooted in the transpersonal reality of those parts of the “I-ness” that never die those parts of the “Self” that transcends the personal ego.

Vampirism is seeing in real brotherhood that all vampires have their claim and can be fed. Nothing puts us to this test more strongly than in confronting our feelings for our adversaries, the other human kind.

### **Seven steps to greater vampiric intelligence**

1. Be aware at all times that you are a vampire, and different from the other humans.
2. Feel strongly that you must continuously work at your transformation

3. Reflect towards your own “I-ness”, and what your deepest motivations are.
4. Discover, confront and dissolve obstacles.
5. Explore all the magickal possibilities to go forward.
6. Commit yourself at all times to vampirism.
7. Remain aware of the many vampiric paths.

## **Jupiter Sphere**

### **The sixth Path of Vampiric Clan and Leadership**

Personality type:	Disciplined leadership
Motivation:	Power
Archetypes:	Jupiter
Metaphysical emphasis:	Faithful to the desires and vampiric goals
Myth and legends:	Blood, the very essence
Practice:	Self-knowledge, meditation, practice
Chakra:	Brow, Ajna Centre, Third Eye

All humans and the vampire cast, families and clans, corporations and nations need leaders to provide focus, purpose, tactics and direction. To be an effective vampiric leader though vampires are very isolated, usually has the outgoing, self-confident manner of the enterprising personality manner. He or she is at ease with occult powers. A good leader must get on well with other vampires of the many groups small or large. The leader must be towards his or her vampires, a person of integrity who can inspire his kind with ideals, and not be self-serving. A great vampiric leader serves something from beyond himself, creating and evoking in his vampires the kind of meaning he himself is led by.

The central driving of a vampiric leader is power. The uses, misuses and abuses of power determine whether someone among us will lead and tread the vampiric path in a dumb or in an intelligent way. The path from dumbness to intelligence passes through all the snares and temptations of misplaced power. The shadow of the leader here is the tyrant who twists power to serve his own or corrupted ends. He is found the sadistic-minded, the person who derives pleasure from using his power to harm and humiliate others, except if mental or physical sadism is requested.

Nearly everything I have to say about vampiric intelligence in this part of the manuscript, also about leadership, remains the same whether proto-consciousness begins with neurones or with elementary particles, and that is

whether the mind has a quantum dimension or not. The “centre” of the Self is rooted at least in something as deep as Carl Gustav Jung’s collective consciousness. We are not alone. Our intelligence does not isolate us within the narrow realm of ego experience, nor even within the experience of humans. There is a wider context of meaning and value within which we can place the human experience as a leader or disciple. However, the outlook is much more powerful and much more exciting if there is a quantum dimension to the “Self”.

The quantum mind or quantum consciousness hypothesis proposes that classical mechanics cannot explain consciousness, while quantum mechanical phenomena, such as quantum entanglement and superposition, may play an important part in the brain's function, and could form the basis of an explanation of consciousness. There are several quite distinct quantum mind theories; however, this is not our subject just now.

As for now, it is sufficient to say that this universe is characterised by certain interacting life-supporting values important for vampirism, where there is no longer room for religion.

- 1) The strength of the force that binds atomic nuclei making atomic structure possible;
- 2) The strength of the forces that hold atoms together;
- 3) The density of material in the universe;
- 4) Cosmic antigravity that controls the expansion of space;
- 5) The amplitude of ripples in the expanding universe that seeds macro-structures such as galaxies, solar systems, and planets;
- 6) The number of spatial dimensions.

## **Saturn Sphere**

Personality type:	Beauty in self-sacrifice
Motivation:	Balanced in personal power
Archetypes:	Hecate, Goddess of Vampires (undead)
Metaphysical emphasis:	Accumulating chaotic energy
Myth and legends:	Sacrifice turns into ecstasy
Practice:	Sinister vision and self-identification
Chakra:	The Crown Chakra

The work of Saturn is closely linked to matter (*the Earth*) in a very motivating way, providing the inhabitants of planet Earth with a vast field of experiment and experience.



The Law of Sacrifice is found on both planets Mars and Saturn. While “Earth” is traditionally not a sacred planet, Saturn, Mars, the three constitute, in a curious esoteric manner, a triangle, and it works as such:

- (1) The mental constitution of man expresses itself through the medium of Saturn.
- (2) The astral (*alleged or subconscious substance*) body of man expresses itself through Mars.
- (3) The physical body expresses itself through Earth.

Mars and Saturn are exceedingly powerful in connection with initiation, and that means the transformation period of the vampire. The planet Saturn is the embodiment of that expression within the solar system, and through the medium of the planet “Earth”, which beneficially obstructs and hinders, provides the vampires with a fast field of experiment and experience. This increase of mind energy results in the expansion and an apprehension of the vampiric reality as it is, and very much lasting in its effects. It is first felt in the throat centre, the great organ of creation through sound as you already know. Saturn is the focal point for transformation of the vampire along the seven spheres we have been working on.

Work to achieve all seven paths in one and this will signify the end of your transformation period. We will be not responsible for the misuse of your powers. However, and by all means, you will want to start the process of moving the astral tendrils from your physical body and extend out to your targets for psychic nourishment in the strength of draconian and vampiric power present in your consciousness.

# Vampiric Night Flights

## (Out of Body Experiences)



Astral projection as it is commonly called is a psychic process in which change begins within the self first. In order a human to prepare his or her initiatory experience in Vampirism, it is essential to learn aligning the mind with those forces which are in direct control with the self, as detailed hereunder in the meditation outline.

The night is the time for vampires taking a new

body for an astral flight and feeding as well. Biting the victim whatever way, as simply through blood transfusions, who survives the coma will awaken fully transformed into a vampire. An acclimation period follows, characterized by confusion, despondency and paranoia. Most vampires begin to hunt within twenty-four hours of transformation. The vaccine is of no use at this point.

Indeed, within twenty-four hours of being bitten, the victim will slip into a vampiric coma. During this phase, the pulse slows, breathing is shallow and the pupils are dilated, just what the author experienced himself August 2010 when receiving blood transfusions in order to survive.

The large numbers of people mistakenly buried alive while in vampiric comas gave rise to the myth that vampires sleep in coffins. While it is commonly thought that anyone infected with HVV turns into a vampire, in fact only a small percentage of people survive vampiric comas.

Generally, the young, the old and the feeble never come out of their vampiric comas and eventually die. The vast majority of people who survive vampiric comas are males between the ages of 18 to 35 years. Vampiric comas last about a day; the victim usually comes out of the coma the night after its onset. The vaccine is fifty percent effective when administered during this stage of the

infection. The longer the victim has been in the coma, the less effective the vaccine.

However, traditionally but supposedly, the calculation is simple: each person that has been bitten by a vampire turns into a new vampire. In this way, the vampire population grows up in a geometric progression and the human population begins to disappear in the same way. If the first vampire came up in 1600 AD, when the world had 563 million of people, and they really had fed themselves with human blood one time in a month, then just thirty months would be necessary until the whole humanity turns into vampires.

Out of body experiences is developed through meditation, focusing on the desired night flight or trip to wherever direction or goal, separated from the flesh and its weight disappeared, levitated to a place not in physical dimension. As such we become the beast of the night through out of body ecstasy. With the psychic vampiric blood within, human fools as it were are reached.

In the out of body experience, seeing with other eyes and being in a foreign form of choice, but still myself, roaming free, stalking the prey, cloaked godlike, feeding on the desired ones. The astral plane is the vampire's domain. As such, the vampire has become the beast of the night, where the out of body ecstasy is fully lived.

The vampire senses his or her victim, the growing need. Attacking on the subtle plane (astral plane), the vampire starts to feed, returning the worldly state, enjoying "the gift", of immortal fate. Be conscious all the time, and aware of your psychic mind, as manifested as your own inner voice and sense of intuition. Be open to it, and invite it into your vampiric life. Expect it, and realise that you are "psychic", a psychic vampire. Psychic also means, "listening to the voice of your "Higher or Deeper Self" within. Always refer to it, asking your intuitive, psychic voice for advice. Listen to it, and follow it. Record your experiences in your 'Black Book'(Book of Shadows).

Your subtle or astral body is in direct control of the consciousness, the mind itself for raising from your physical body. The more you develop astral projection, the better you will be able to rise from the physical body, and the form you wish, as a wolf or werewolf, even a dragon combination known as "Varcolaci", desiring the power of the night, the lust of the moon, which is the accumulation; any attractive spirit or entity of your choice, usually a vampire; shadow, black shapes, or demonic forms.

As you lay back on your bed, complete the steps as for meditation which is of stillness and with your rhythmical breathing, slow inhaling via the nose, and exhaling via the mouth (or, via the nose again the way it is easier for you).

Imagine your astral body twisting and mutating into that form you wish to be. Move the centre of it, where your consciousness is projected, upward through your throat. You do all this with closed eyes, visualising yourself rising more and more out with each breath. Slowly with each breath, you will edge yourself out of your physical body, looking around with your enlightened astral eyes. You are now able to pass through walls and rise up in the night where you wish to go to feed yourself, or achieve what you think right to do.

### **Meditation Outline for the Out of Body Experience**

1. By preparing your body to meditate, you ease the transition from focussing on your outer reality to your inner absolute self. You may start your out of body experience with an adequate evocation or invocation to Lilith, or other Goddess or God of your choice. I, normally invoke the Dark God Atazoth, chanting or saying repeatedly at least three times, “Agios O Atazoth”, or “Nythra, Kthunae, Atazoth”(three Dark Albion Gods of the Tree of Wyrd).
2. Relaxation is the first step for successful meditation. Lay in a calm and comfortable position on your bed, preferable not under sheets and blankets, and with a focussed state of mind. Keep your back straight, without cushion under your head (if possible). Your arms and legs should also be held straight out by your side, while you control your breathing, as it must be rhythmic, breathing steadily. Watch the stillness of the mind, because that means “openness” to that which you will perform in the astral. Through relaxation the magickal worlds open for you.
3. I just mention that the arms should be held straight by your side. While this is absolutely a favourable technique, I would also suggest, another method, but you must find out what is best for you. Fingertips touching each other, your hands from the thumb to the forefinger should be raised to your solar plexus level and your hands touching should form a type of triangle.
4. Breathing is a component of relaxation. The basic technique of meditation for one purpose or another is to observe the breath. Breath is one of the ways to shift your consciousness. Deep and relaxed breaths lower your brain waves from beta in the states of meditation from low to high. Control the breath, particularly through counting exercises. Start an attentive breathing technique, one, two, three and then add a few more seconds between breathes. This is what I am doing while walking in the streets, and surprising how vastly one moves on. It is even the technique I am using to feed myself in public. As to the out of body experience, you will soon be able to have control over your heart rate. And, if you are in a

situation of being nervous as to hear a cracking door or furniture while you experience stillness, it helps quieting yourself and think clearly.

5. Focus on a single purpose, your goal, and allow no other thoughts to enter your mind. If it happens that thoughts enter in, ignore them, or start anew. Also, the control of emotions is essential even as in any successful magickal practise.
6. Think of your energy as a flowing current, with your mind begin with each breath visualising energy flowing through your physical body, much like your circulatory blood system.

Inducing an altered state and focussing your perception on the psychic reality is the act of journeying, the out of body experience. Your perception and awareness shift from one channel to another, like a television. You are travelling without your physical body, but you are with your subtle body. Because of this, you are not limited to the distances your body can travel. You are only limited by your own mind and will-power. Your physical body does not disappear, but remains quiet and focussed. Most vampires are simultaneously aware of the out of body experience as well as the physical body.

I am sure; you have most probably done some form of psychic travel in your telepathic dreams and astral journeys. You know, journeying is as natural as breathing, though we have placed so much importance on the physical realm that we have neglected other levels of awareness.

Many other types of psychic travels exist, the only differences being technique, perception, and belief system. Vampiric out of body experiences can be easily divided into two main streams, those that focus on physical locations and those of the other side, the subjective realm or world.